

## ALL DAY BRUNCH

- Smashed Chilli Avo** <sup>DF VG</sup> 10.2  
on sweet potato 'toast' with coconut labneh - our signature
- Beetroot Hummus Toast** <sup>V</sup> 9.5  
with feta, avo & beetroot pearls on sourdough
- Eggs Benny Toast** 11.5  
with sliced avocado, grilled bacon, & avodaise (hollandaise avo-style) on sourdough
- Eggs Royale Toast** 12.5  
with sliced avocado, house-cured pastrami salmon & avodaise on sourdough
- Eggs Florentine Toast** <sup>V</sup> 10.9  
with sliced avocado, sautéed baby spinach & avodaise on sourdough
- The Fundamental Avo Toast** <sup>V</sup> 8.2  
classic avo toast served deconstructed (have a peek at our "Add On" section to give it a little extra)
- Matcha Pancakes Savoury** 9  
bacon, fried egg, avo-butter
- Matcha Pancakes Sweet** <sup>V</sup> 9  
avo-butter, caramalised banana, maple syrup
- Acai Bowl** <sup>DF V VG</sup> 8  
oat milk, avocado, banana, oats, mixed berries & garnish
- Green Smoothie Bowl** <sup>DF V VG</sup> 8  
avocado, baby spinach, green apple, cucumber, celery, agave syrup, frozen mango, fresh mint

## SMALL PLATES

- Guacamole & Chips** <sup>V DF VG GF</sup> 5.5  
homemade guacamole with a side tortilla chips
- Vegan Taco** <sup>V VG GF DF</sup> 6  
roasted sweet potato, black bean & avocado taco with a cool herbed dressing (2 tacos)
- Pulled Beef Taco** <sup>GF</sup> 7.8  
pulled short rib, sour cream, avocado, salsa (2 tacos)
- Fish Taco** <sup>GF</sup> 8.2  
grilled halibut on citrus shredded red cabbage with avocado, salsa & coriander shoots (2 tacos)
- Corn Fritters** <sup>V VG DF</sup> 5.3  
Fresh corn thai style fritters with a spicy avo dip

## PLATES

- Avo Bun Burger** <sup>DF VG GF</sup> 14.6  
our signature dish - an avo bun with a sweet potato & red lentil patty, coconut & herb dressing served with vegan slaw - what else!
- Pulled Short Rib Bun** 13.5  
Slow cooked short rib of beef, with avo, tomato & jalapeño salsa in a brioche bun, sweet potato 'chips' on the side
- Orange Salmon** <sup>GF DF</sup> 9.4  
salmon fillet glazed with spicy & citrusy house chojang, with greens: cucumber, avo & spring onion.

### ADD ON

- avocado / poached egg / bacon +2
- sourdough toast +2
- sun blushed tomatoes +3
- cured salmon / prawns +4

## BOWLS & SALADS

- Avobar Cobb Salad** <sup>GF</sup> 14.2  
the Californian classic, served with prawns & bacon
- Avo Tuna Pokè** <sup>DF</sup> 12.6  
served on spicy jasmine rice
- Green Bowl** <sup>DF VG GF</sup> 9.6  
a mixture of green veg & leafy salad, In a coconut dressing topped with walnuts

## DESSERTS

- Avo Cheesecake** <sup>DF VG GF</sup> 6  
made with vegan 'white chocolate' & a touch of lime
- Choc Avo Brownie** <sup>DF GF V</sup> 4.5  
with sweet potato syrup
- Avo Lime Panna Cotta** <sup>GF</sup> 4.5  
avocado panna cotta with a zingy layer of lime jelly & caramel popcorn to top it off



### OUR AVOCADOS

Our avo's are the best Hass avo's we can buy, never air freighted & always from sustainable farmers that respect their workers & our world

## WELLNESS JUICES

- Freshly squeezed in-house*
- Beets & Pieces** 4  
– good for: metabolism boost  
beetroot, cucumber, green apple, lemon, ginger
  - Green Machine** 4  
– good for: clearing your head  
pineapple, cucumber, kale, celery, lemon, ginger
  - Superpowers** 4  
– good for: energy boost  
carrot, orange, green apple, ginger

## SMOOTHIES

- Avo Banaberries** 5.5  
avocado, banana, mixed berries, almond milk, orange juice, almond butter
- Avo Sunshine** 5.5  
avocado, almond milk, banana, agave syrup, cinnamon, turmeric
- Avo Refreshing** 5.5  
banana, Green tea, mango, pineapple, spinach, avocado
- Coco Avo blue** 5.5  
coconut milk, pineapple juice, oats, avocado, blueberries
- Smoothie of the day** 5.5  
check out our specials for our delicious smoothie of the day

## SIMPLE JUICES

- Freshly squeezed juices** 3.9  
mix up to 3
- Orange / Apple / Carrot / Beetroot Grape fruit / Pineapple / Cucumber Celery / Pear** +0.6  
*Add ginger*

## FROM OUR FRIDGE

- Belu Water** 2/3.9  
small & large, still or sparkling
- Fentiman's** 3  
rose lemonade / lemonade or, curiosity cola
- Square Root London** 4  
Lemonade / Non-alcoholic Gin&Tonic / Cola / Pear & Aronia Soda
- Remedy Kombucha** 4.9  
(sugar free)  
cherry plum, ginger lemon ginger berry
- Nix & Kix** 3  
mango & ginger / blood orange or, cucumber & mint

- Jax coconut water** 4.5
- Daily Dose**  
organic cold pressed juices made in London
- Shots** 3  
cherry / lemon & ginger
- Juices** 4.9  
apple, carrot & ginger or, strawberry, apple & basil
- Black Lemonade** 5.5

## COFFEE

- Espresso** 2.7
- Flat White** 2.8
- Macchiato / Americano** 2.8
- Cappuccino / Latte** 3.2
- Mocha** 3.4
- Hot Chocolate** 3.2
- Speciality Lattes** 3.4  
Beetroot / Turmeric  
Chai / Tropical Matcha
- Almond / Oat milk +0.5*
- Make it dirty (espresso shot) +0.7*
- Add agave syrup +0.3*

## TEAS

- English Breakfast** 2.9
- Earl Grey**
- Jade Tips**
- Berry & Hibiscus Herbal**
- White Jasmine Neroli** 3.4
- Milk Oolong** 3.2
- Almond / Oat milk +0.5*
- Add agave syrup +0.3*

## £10 TACO & COCKTAIL

HAPPY HOUR OFFER 4 - 6 PM

Enjoy a taco & any of our cocktails for £10. 4 - 6pm weekdays