

# BEAR

## COFFEE HOUSE, KITCHEN & BAR

More than a coffee shop and a refreshing alternative to the traditional pub or bar, BEAR is at the forefront of the global 'third wave' coffee movement that sees coffee as an artisan foodstuff, rather than a quick morning pick-me-up.

From our three midlands-based stores, we offer speciality coffee, signature cocktails and craft beer accompanied by fresh, all-day dining. From breakfast to brunch, and lunch to dinner, our food menus are tailored specifically to each store and updated regularly with seasonal goodies; no matter which store you visit, there'll always be something new to try.

Whatever the time of day, pop in and see us. We'll take you seamlessly from coffee, to cocktails... and then back to coffee.

## COFFEE // NOT COFFEE

all day, every day, forever

### COFFEE

espresso	2 -
espresso macchiato	2.2
americano	2.2
flat white	2.6
latte	2.7
cappuccino	2.7
mocha	2.9
aeropress (guest filter coffee)	3.5

flavoured syrup shots	0.4
soya	free
almond & oatly milk	0.4

<u>COLD BREW COFFEE</u>	2.5
original single origin	
citrus soda	
spiced soda	

### TEA

breakfast tea	2.2
earl grey tea	2.5
moroccan mint	
green tea	
lemon & ginger tea	
chai tea	
fruit punch tea	
co2 decaf tea	
chai latte	2.9

<u>FRUIT SMOOTHIES</u>	3.5
strawberry & banana	
passion fruit	
berry	

<u>HOT CHOCOLATE</u>	2.8
hot chocolate	
white hot chocolate	

### OVER ICE

americano	2.6
latte	2.9
flat white	2.8
mocha	3.2
chai latte	3.1

<u>ICED TEAS</u>	2.7
peach iced tea	
mango & green iced tea	
iced tea with lemon	

<u>SHAKES</u>	4 -
chocolate brownie	
salted caramel	
strawberry & banana	

### SOFTS

lemony lemonade	2.8
gingerella ginger beer	
karma cola	
soda folk root beer	

diet coke	2.5
cawstons apple & rhubarb	
cawstons cloudy apple	
frobishers pear, apple & elderflower	2.8
frobishers fresh apple juice	2.5
frobishers fresh orange juice	
still & sparkling water	2 -

<u>KIDS</u>	
babyccino	1 -
my5 fruit juice	1.5

our seasonal house coffee is a beautiful single origin from the mandalay region, south east asia, with tasting notes of dark chocolate & cherry, and a cocoa sweetness when milk is added. ask about our single origin decaf and rotating guest coffee to discover new flavours from around the world.

schedule too tight to enjoy your coffee in-store? we offer all drinks in takeaway form, plus if you bring your own reusable cup we'll even take off a 10% discount. save the planet and some pennies - double win!

## COCKTAILS

served from 5pm on friday & saturday evenings

<u>HOUSE COCKTAILS</u>	8 -
<b>espresso martini</b>	
mr black cold press liqueur,	
single origin espresso & vodka	

<b>porn star martini</b>	
vanilla vodka, passion fruit, pineapple	
& lime with a side of prosecco	

<b>earl grey martini</b>	
earl grey infused gin, honey syrup,	
lemon juice & egg white	

<b>single origin negroni</b>	
mr black cold press liqueur, campari,	
gin & antica formula vermouht	

<b>old fashioned</b>	
bulleit bourbon, bulleit rye, muscovado	
simple syrup, angostura bitters & orange twist	

<u>GUEST COCKTAILS</u>	7 -
<b>clover club</b>	
gin, raspberry syrup, lemon juice	
& egg white	

<b>bramble</b>	
gin, creme de mure, lemon juice	
& simple syrup	

<b>mojito</b>	
havana 3 cuban rum, simple syrup,	
lime & mint	

<b>mezcal margarita</b>	
quiquiriqui mezcal, agave & lime	

<b>jungle bird</b>	
havana 7, campari, pineapple juice,	
lime & simple syrup	

<u>IN FOR A FIVER</u>	5 -
<b>raspberry cup</b>	
vodka, gingerella, house made	
raspberry syrup, lime & mint	

<b>rossini spritz</b>	
creme de fraise bois, galanti prosecco	
& soda	

<b>lemon kiss</b>	
limoncello de lago, galanti prosecco	
& soda	

<b>parma violet spritz</b>	
liqueur de violette, galanti prosecco	
& soda	

<b>aperol spritz</b>	
aperol, galanti prosecco & soda	

<b>elderflower gin fizz</b>	
brokers gin, galanti prosecco	
& elderflower cordial	

## GIN

served from 10am

we have a beautiful range of gins, each showcasing individual characteristics and flavour.

<u>CLASSIC</u>	3.5 / 5 -
brokers london dry	
hayman's sloe gin	
hayman's old tom	
seedlip spice (alcohol free)	
seedlip garden 108 (alcohol free)	

<u>PREMIUM</u>	4 - / 6 -
ableforth's bathtub	
tanqueray number ten	
warner edwards rhubarb gin	
stafford's	
mcqueen mocha	
monkey 47	
malfy's con arancia	
malfy's con limone	

<u>TONIC</u>	2 -
premium, light, mediterranean,	
aromatic, elderflower	

we offer a great range of spirits at the bar. please let your server know if you would like to see our full list.

<u>MOCKTAILS</u>	3.5
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<b>apple &amp; elderflower mojito</b>	
apple juice, elderflower cordial, mint & soda	

<b>raspberry lemonade</b>	
raspberry syrup, lemon juice, mint & soda	

# B E A R

## BREAKFAST & BRUNCH

served until 12pm

### PLATES

<b>BEAR breakfast</b> sausage, streaky bacon, roasted mushroom, grilled tomato, fried egg & house made beans with toast	8 -
<b>all american breakfast</b> buttermilk pancakes, streaky bacon, butchers sausage, fried egg & maple syrup	7.5
<b>buttermilk pancakes</b> stacked up with your choice of - greek style yoghurt, seasonal fruit & honey (v) - streaky bacon & maple syrup	7 -
<b>bennies</b> english muffin, poached eggs, spinach & hollandaise (v) - add thick cut ham . 1.5 - add streaky bacon . 2 - - add smoked salmon . 4 -	6 -

### ON TOAST

<b>toasted white or granary</b> topped with your choice of - butter & preserves (v) . 3 - - two eggs, poached or fried (v) . 3.5	
<b>toasted teacake</b> served with butter & preserves (v)	2.5
<b>smashed avocado</b> stack it up with your choice of (ve) - add streaky bacon . 2 - - add poached eggs (v) . 2 - - add smoked salmon . 4 -	5 -

### LIGHT BITES

<b>porridge</b> served with banana & honey (v)	3.5
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<b>hung yoghurt</b> chia honey syrup, seasonal fruit & toasted almonds (v)	4 -
<b>house baked granola</b> fresh fruit & your choice of (vo) - whole or skimmed milk (v) - plant-based milk (ve) - greek yoghurt (v)	4 -
<b>classic bacon roll</b> dry cured bacon on a house baked roll	4 -
<b>classic egg roll</b> double fried egg on a house baked roll (v)	3.5
<b>b.e.c</b> bacon, fried egg & cheese on a house baked roll, served with sriracha ketchup	5 -

### SIDES - available all day

two eggs, poached or fried . 2 -	grilled halloumi . 2.5	grilled tomatoes . 2 -	smashed avo & sumac . 4 -	streaky bacon . 4 -	smoked salmon . 4 -
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## BRUNCH & LUNCH

served from 12pm - 2:30pm

### LATE BRUNCH

<b>classic bacon roll</b> dry cured bacon on a house baked roll	4 -
<b>b.e.c</b> bacon, fried egg & cheese on a house baked roll, served with sriracha ketchup	5 -
<b>smashed avocado</b> stack it up with your choice of (ve) - add streaky bacon . 2 - - add poached eggs (v) . 2 - - add smoked salmon . 4 -	5 -
<b>buttermilk pancakes</b> stacked up with your choice of - greek style yoghurt, seasonal fruit & honey (v) - streaky bacon & maple syrup	7 -
<b>bennies</b> english muffin, poached eggs, spinach & hollandaise (v) - add thick cut ham . 1.5 - add streaky bacon . 2 - - add smoked salmon . 4 -	6 -

<b>soup of the day</b> served with an artisan baguette wedge	4.5
<b>SALADS</b> <b>chicken caesar</b> roast chicken, streaky bacon, hand-torn croutons, cos lettuce, parmesan shavings with a caesar dressing	7.5
<b>halloumi</b> grilled halloumi, quinoa, mixed leaves, tomatoes, fresh yoghurt & mint dressing (v)	7.5
<b>BAGELS</b> <b>chunky monkey</b> banana & nutella (v)	3 -
<b>elvis</b> peanut butter, banana & maple syrup (v) - add streaky bacon . 2 -	4 -
<b>new york deli</b> pastrami, emmental cheese, gherkins & mustard mayo	5.5
<b>b.a.l.t</b> streaky bacon, avocado, lettuce, tomato & mayo	6 -

### SANDWICHES & TOASTIES

<b>rocket chicken</b> roast chicken, lemon pepper mayo & rocket	5.5
<b>ham salad</b> thick cut ham, tomato, red onion, cos lettuce & mayo	5 -
<b>cheese salad</b> cheddar, mozzarella, tomato & cos lettuce (v)	4.5
<b>veggie</b> hummus, carrot, black olives & rocket (vo)	5 -
<b>blt</b> streaky bacon, cos lettuce, tomato & mayo	5 -
<b>chicken club</b> chicken, bacon, tomato, avocado, cos lettuce & mayo	7 -
<b>cheddar toastie (v)</b>	4.5
<b>ham &amp; cheese toastie</b>	5.5
<b>black &amp; blue toastie (v)</b> cheddar, stilton & bbq sauce - add onion or red onion chutney . 0.5	5.5

## THE EVENING SOCIAL

served from 5pm on friday & saturday evenings

food tastes better when shared with friends, so we've designed our evening menu around socialising (the clue is in the title). we recommend around 2 - 3 small plates per person and maybe a pizza or a side dish too, depending on how hungry you are. spread it all out on the table and get stuck in!

### SMALL PLATES

4 - each
hummus with seeds & pitta (ve)
sampadori olives (ve)
chickpea & coriander falafel with paprika yoghurt (v)
artisan baguette with dipping oils (v)
grilled halloumi, tomato & mint salad (v)
caesar salad
salami milano with fennel & blood orange salad
insalata caprese (v)
charred chorizo with mozzarella & rocket

### SHARE BOARDS

10 -	<b>antipasti board</b> a selection of meats and olives	<b>cheese board</b> a selection of cheese and chutneys (v)
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### PIZZA POWER . POWER HUNGER

8 -	napoli style pizza on a hand-stretched sourdough base. vegan cheese available where required.
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<b>the og</b> semi dried tomatoes mozzarella, basil & tomato oil (v)	<b>the italian job</b> pesto base, grilled chicken, cherry tomatoes, grilled mozzarella, fresh mozzarella & rocket
<b>salami</b> salami, fresh rocket & parmesan	<b>bbq pulled pork</b> bbq base, pulled gloucester old spot pork shoulder, mozzarella & red onions
<b>the feta one</b> feta cheese, caramelised red onion chutney, red onions & rocket with a balsamic drizzle (v)	<b>chorizo</b> tomato base, chorizo, chilli jam & mozzarella

### BOTTOMLESS PROSECCO BRUNCH

enjoy bottomless prosecco for 90 minutes with any item from our sunday brunch menu. £20 per person.

EVERY SUNDAY - book in-store or online

## FOR THE GROWN-UPS

served from 10am

<b>WHITE</b>	175ml	250ml	bottle
casta vista chardonnay, chile	4.2	5.7	16 -
vinuva organic pinot grigio, sicily	4.4	5.9	17 -
dashwood sauvignon blanc, new zealand	4.9	6.4	19 -

### RED

casta vista cabernet sauvignon, chile	4.2	5.7	16 -
lunaris by callia malbec, argentina	4.9	6.4	19 -
les hipsters barbe, france	5.5	7 -	20 -

### ROSE

wicked lady white zinfandel, california	4.9	6.4	19 -
vinuva pinot grigio rose	4.6	6.1	18 -

125 ml servings available on request

### FIZZ

galanti prosecco extra dry [75cl]		22 -
galanti prosecco extra dry [20cl]		6 -
galanti spumante rosé [75cl]		24 -

### CANS & BOTTLES

the world of craft beer is huge, so our line-up is always changing. please ask your server about what's on offer!

camden hells lager	3.5
camden pale ale	3.5
peroni	3.5
peroni - nastro azzuro (gf)	3.5
brewdog - nanny state (0.5% abv)	3.5
asahi super dry	3.5
cornish orchards - gold cider	4.5
cornish orchards - blush cider	4.5

## SWEET TOOTH?

our cake selection changes daily. ask your server what's available today.

if you have any specific dietary requirements please speak to a member of our team. gluten free options are available . **ve - vegan dish** | **vo - vegan option available**