



SUNDAY

AT WRINGER + MANGLE

... BEGINNERS ...

MISO BROTH - £5.

mixed grains / shitake mushrooms / bok choy / spring onions

CHARCUTERIE PLATE - £8. / £15.

sliced meats + cheese / toasted sourdough / olives / chorizo butter

SPICED SALMON GRAVADLAX - £8.

curried cucumber raita / potato salad

WARM PUMPKIN SALAD - £8.5

roasted figs / green beans / cèpe + nut dressing

HERITAGE TOMATO + BURRATA - £8.95

garlic croutons / tomato and basil shot

... ROAST SPECIALS ...

EACH WEEK WE COOK A SPECIAL ROAST OF THE WEEK
Please talk to your server to find out what we have on offer today

ROAST PORK LOIN - £16.5

slow roast free range Suffolk pork loin / crackling /
apple sauce / sage + calvados gravy

kids portion - £8.25

ROAST SADDLE OF LAMB - £18.5

Sussex lamb / mint sauce / rosemary lamb gravy

kids portion - £9.25

CONFIT PORCHETTA - £17.5

36 hour cooked free range Suffolk stuffed pork belly /
black pepper / fennel seeds / garlic / porchetta gravy

kids portion - £8.75

... MAINS ...

ALL OUR MAINS ARE SERVED WITH ROASTED POTATOES, A SELECTION
OF ROASTED VEGETABLES, GREENS AND A YORKSHIRE PUDDING

BEEF SIRLOIN GLAZED WITH DIJON MUSTARD - £19.

28 day dry aged bexhill beef / red wine beef gravy

kids portion - £9.50

WHOLE FREE-RANGE HERB ROAST CHICKEN - £34. FOR 2

whole free-range chicken / herb butter / thyme chicken gravy

VEGAN NUT ROAST - £15.

mix of rice's / grains / beans / pulses / nuts / vegan red wine gravy

not served with a yorkshire pudding unless stated

WHOLE ROASTED MACKEREL - £15.

fresh whole roasted mackerel / vegetarian gravy

EXTRAS

Yorkshire pudding £1. / gravy £2. / pigs in blankets £4.

/ cauliflower cheese for 2 people £6.

£4. - BRAISED LENTILS
£3.5 - SWEET POTATO PUREE
£5. - TRUFFLE PARMESAN CHIPS
£3.5 - MIXED GRAINS or WHOLEGRAIN RICE

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CHIPS - £3.5
GREEN BEANS - £3.5
EXTRA ROASTED VEGETABLES - £4.
PARMESAN BLACK PEPPER CHIPS - £4.5