HEALTHY OPTIONS

Crunchy Homemade Granola, Mixed Berries, Glenilen Natural Yoghurt & Honey (1,7,8) **7.50**

Fresh Fruit, Glenilen Organic Yoghurt (served on the side) (7)**7.50**

Organic Homemade Porridge, Mixed Berries or Coconut Shavings & Caramelised Banana (1,7,8)**8.00**

THE DEAN SPECIALS

Full Irish Breakfast ‘The Works’ with Toast (1,3,8) **15**

French Toast, Mixed Berries with a choice of Whipped Cream, Caramelised Bananas or Vanilla Ice Cream (1,3,7)**13**

Buttermilk / Blueberry Pancake Stack with a choice of Mixed Berries & Fresh Cream, Orange Butter & Maple Syrup, Caramelised Banana, Chocolate Sauce & Vanilla Ice Cream (1,3,7)**13**

Toasted Bagel, Cream Cheese, Avocado, Baby Gem with a choice of Crispy Bacon, Smoked Salmon,
Prosciutto or Asparagus (1,3,7,11)**14**

\*Poached Eggs, Toasted Buttered Muffins with a choice of Spinach & Smoked Salmon,
Crispy Bacon, Asparagus or Prosciutto (1,3,4,7,12)**14**

\*All Served with Hollandaise Sauce

SIDES

Fruit Bowl**4.50**

Beans  **2.95**

Sausage **3.50**

Bacon   **3.50**

Toast (1,3)  **2.50**

COFFEE, TEA & JUICE

Freshly Squeezed Juice

– OJ   **3.95**

– Apple   **3.95**

– Carrot, Ginger, Apple , Kale   **3.95**

Espresso   **2.20**

Double Espresso, Americano   **2.90**

Cappuccino, Latte, Flat White  3**.30**

Selection of Teas **3.00**

**ALLERGENS: 1-Cereals containing gluten, 2-Crustaceans, 3-Eggs, 4-Fish, 5-Peanuts, 6-Soybeans, 7-Milk,**
**8-Nuts, 9-Celery, 10-Mustard, 11-Sesame seeds, 12- Sulphur dioxide & Sulphites, 13-Lupin, 14-Molluscs**

A DISCRETIONARY 12.5% SERVICE CHARGE WILL BE ADDED TO PARTIES OF 6 OR MORE

## HEALTHY OPTIONS

Crunchy Homemade Granola, Mixed Berries, Natural Yoghurt, Honey (1,7,8) **7.50**
Fresh Fruit, Glenilen Organic Yoghurt (served on the side) (7) **7.50**
Organic Homemade Porridge, Mixed Berries or Coconut Shavings & Caramelised Banana (1,7,8) **8**

## THE DEAN SPECIALS

Full Irish Breakfast ‘The Works’ , Toast (1,3) **15**
Irish Angus Steak, Eggs any style, Salad, Fries (1,3,10,12) **21.95**
French Toast with a choice of Mixed Berries & Whipped Cream or Caramelised Bananas or Vanilla Ice Cream (1,3,7) **13**

Buttermilk / Blueberry Pancake Stack with a choice of Berries & Fresh Cream or Orange Butter & Maple Syrup or Caramelised Banana or Chocolate Sauce & Vanilla Ice Cream (1,3,7) **13**
Homemade Burger, White Cheddar Cheese, Tomato, Lettuce, Red Onion, Aioli, Fries (1,3,7) **15.95**
Poached Eggs on Toasted Buttered Muffins with a choice of Spinach & Smoked Salmon or Crispy Bacon
or Asparagus or Prosciutto (1,3,4,7,12) **14**
Toasted Bagel with Cream Cheese, Avocado, Baby Gem with a choice of Spinach & Smoked Salmon,
Prosciutto or Asparagus (1,3,7,11) **14**
Huevos Rancheros, Tortilla, Black Beans, Cheese, Fried Eggs, Guacamole, Salsa & Sour Cream, Chorizo (opt.) (1,3,7,12) **14.95**

Honey Glazed Chicken, Skinny Fries, Coleslaw, Gravy (served on the side) (1,3,12) **16.95**
Garlic Herb Potatoes, Smoked Chorizo, Black Pudding, Paprika, Spring Onions, Peas, Tomato Sauce, Fried Eggs (1,3) **14.50**

## PIZZAS

Margherita (1,7) **13**
Pepperoni (1,7,9,12) **14**
Pancetta, Mozzarella, Chilli, Crispy Basil (1,7,9) **14**
Smoked Brisket, Mozzarella, Red Onion, BBQ Mustard (1,7,10) **15**
Shines Irish Tuna, Gordal Olives, Courgette, Green Pepper, Gouda Cheese (1,4,7,9) **15**
Pesto, Rocket, Artichokes, Crispy Basil, Sundried Tomato (1,7,9) **14**

## SIDES

Fruit Bowl **4.50**

Beans **2.95**

Bacon **3.50**

Honeyed Avocado **2.95**

Sausage**4.50**

Toast(1,3)**3.50**

Skinny Fries (1)  2.**5**

Parmesan & Tarragon Fries (1,7) **5**

Parmesan, Tarragon Fries, Chorizo Crumble (1,7) 6
Parmesan, Tarragon Fries, Crispy Pancetta (1,7) 6

## DESSERTS

Sophie’s Banoffi, Granola, Caramelised Bananas & Peanuts (1,7,8) **7.00**

Flourless Brownie, Rum Dark Chocolate & Cherries (7,8,12)  **7.00**

Vanilla Gelato, Candied Pecans & Chocolate Fudge Sauce (3,7,8) **7.00**

Passion fruit Curd, Mini Pavlova & Raspberry Champagne Sorbet (3,7,12)  7.00

Selection of Irish Cheese Board, Fruit, Toast & Chutney (1,7)**10.00**