**THE EARLY VEGAN BREAKFAST MENU**

Monday to Friday 6.30am to 11.00am
Saturday, Sunday & Bank Holidays 7.00am to 11.00am
Last orders 30 minutes before 11.00am

SAMPLE MENU

CONTINENTAL BUFFET
Pastries, banana muffin, foccacia, hummus, fruit salad, soya yogurt
(G)(S)
£8.95

FULL ENGLISH BREAKFAST
Vegan sausages, roasted portobello mushrooms, baked beans, vegan ‘bacon’, sliced avocados, sourdough toast and roasted tomatoes
(S)(G)(GFO)
Includes filter coffee or a pot of English Breakfast Tea
£14.95

AVOCADO ON SOURDOUGH TOAST
Fresh avocado on toasted artisan sourdough with sundried tomatoes, caramelised onion chutney, sliced almonds, fried shallots and roasted cherry vine tomatoes
(G)(N)(GFO)
£8.50

SAVOURY MUSHROOM & BLACK BEAN PORRIDGE
Creamy porridge with button mushrooms, black beans, carrots and onions topped with vegan ‘bacon’
(S)(Gluten free)
£6.00

COCONUT BIRCHER MUESLI WITH CARAMELISED BANANAS
Coconut milk bircher muesli with caramelised bananas, fresh seasonal fruits and coconut flakes
(Gluten free)
£5.00

BRIOCHE FRENCH TOAST WITH ROASTED PLUMS
Artisan brioche French toast, vegan yogurt, roasted plums and sliced almonds, served with vegan honey
(G)(S)(N)
£7.50

ADD A SIDE OF VEGAN SALMON
£3.50