**BREAKFAST BAR**

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| **The Full English**Enjoy our full buffet selection of fruits, cereals, yogurts and fresh baked breakfast breads, hot items and made-to-order eggs and omelettes, juices, coffee or tea. | 14.95 |

**AVAILABLE AS SUPPLEMENT TO THE FULL ENGLISH**

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| **Eggs benedict**Two poached eggs on toasted English muffin with smoked bacon dressed with hollandaise sauce | 5.00 |
| **Omelette Royal**Two eggs omelette with creamed spinach | 5.00 |
| **Smoked salmon scrambled eggs**Cheddar, Mozzarella, ham, chicken, mushrooms, onions, tomatoes, bell pepper. Made with your choice of whole eggs or egg whites | 5.00 |
| **Seasoned mushrooms on toast**Seasoned mushrooms on toasted white or wholemeal bread | 3.00 |
| **Create Your Three Egg Omelette**Cheddar, mozzarella, ham, chicken, mushrooms, onions, tomatoes, bell pepper. Made with your choice of whole eggs or egg whites | 3.00 |

**AVAILABLE ON THE BUFFET**

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| **Basket of Fresh Bakeries**A fresh baked butter croissant and muffin with butter and jam |
| **Oatmeal**Variety of additional toppings available |
| **Yogurt + Fruit Parfait**Low fat Greek style yogurt layered with granola, honey and seasonal fresh fruit |
| **Cold Cereal Selection**Kelloggs Corn flakes, Special K, AllBran, Frosties, Rice Krispies and Coco Pops |
| **Low Fat Fruit Yogurt** |
| **A Fresh Farm Egg** |
| **Ham / Bacon Sausage** |
| **Freshly Cut Fruit Toast** |
| **English Muffin**Whole meal or white |

**REFRESHMENTS**

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| **Selection of Assorted Tea Herbal or Black Tea** |
| **Freshly Brewed Coffee**Regular and decaffeinated |
| **Cappuccino Espresso or Latte** |
| **Hot Chocolate** |
| **Chilled fruit juice**orange, apple, cranberry, tomato and grapefruit |
| **Milk**Semi-Skimmed, skimmed, and soy |