**SET BREAKFASTS**

**CONTINENTAL**

**FRESH JUICE**

**CHOICE OF YOGHURTS**

**SLICED SEASONAL FRUITS**

**BASKET OF HOMEMADE MORNING PASTRIES, BUTTER AND PRESERVES**

**COFFEE OR TEA**

**ENGLISH**

**FRESH JUICE**

**TWO EGGS ANY STYLE, HASH BROWN AND SAUTÉED MUSHROOMS**

**CHOICE OF SAUSAGE AND BACON**

**BASKET OF FRESH-BAKED MORNING PASTRIES AND TOAST WITH BUTTER AND PRESERVES**

**COFFEE OR TEA**

**HEALTHY KICK**

**FRUIT PROTEIN SHAKE**

**HOMEMADE GRANOLA PARFAIT**

**QUINOA & CHIA PORRIDGE**

**TOFU & PUMPKIN SEED MUFFIN**

**FRUIT PLATTER**

**À LA CARTE**

**BAKERY**

**SELECTION OF BAKED PASTRIES**

**SELECTION OF MUFFINS WITH BUTTER AND FRUIT COMPOTE**

**SELECTION OF TOASTED BREAD**

White, Wheat, 7-Grain, English Muffins, Rye or Gluten Free

**VEGAN**

Plain or Apricot Cornetto

**FRUIT AND GRAINS**

**SLICED SEASONAL FRUITS**

**FRESH BERRIES**

**HOMEMADE BIRCHER MUESLI WITH MIXED BERRIES**

Mossy's Bio Yoghurt, Mango Mousse, Berries

**GRANOLA PARFAIT**

Low-Fat Yoghurt, Mango Mousse and Berries

**PORRIDGE SERVED**

Fresh Berries, Brown Sugar, Almond Flakes and Raisins

**CHOICE OF CEREALS**

Served with Sliced Banana or Mixed Berries

**DORSET YOGHURT SELECTION**

Plain or Fruits

**PANCAKES AND WAFFLES**

**BELGIAN WAFFLES WITH MIXED BERRIES**

**HOUSE PANCAKES WITH BANANA OR BLUEBERRIES OR CHOCOLATE CHIPS**

**BRIOCHE FRENCH TOAST WITH ORANGE & GRAPEFRUIT SEGMENTS**

**CURED**

**SCOTTISH SMOKED SALMON WITH TOASTED BAGEL AND TRADITIONAL ACCOMPANIMENTS**

**HOUSE CHARCUTERIE AND CHEESES WITH BAGUETTE AND FIG JAM**

**CHEESE BOARD**

**EGGS**

**TWO FREE-RANGE EGGS ANY STYLE WITH HASH BROWN AND ROASTED TOMATOES**

**MAKE YOUR OWN THREE-EGG OMELETTE**

Choice of Fillings

HAM

SPINACH

ASPARAGUS

TOMATO

MUSHROOM

GRILLED VEGETABLES

BELL PEPPER

CHEESE

ONION

HERBS

**EGG-WHITE OMELETTE WITH FETA CHEESE, ASPARAGUS AND SUNDRIED TOMATOES**

**SALMON SCRAMBLED EGGS WITH GREEN ASPARAGUS**

**STEAK AND EGGS WITH LOADED HASH BROWN**

**'AMARANTO' SCRAMBLED**

Soft Scrambled Eggs with Crispy Bacon, Pecorino Romano and Black Pepper

**RUSTICO**

Poached Eggs, Hash Brown, Mozzarella, Rocket Salad and Tomatoes

**CLASSIC EGGS BENEDICT WITH HAM AND HOLLANDAISE SAUCE**

**POACHED EGGS WITH SOURDOUGH BREAD, AVOCADO, SALMON OR CRAB**

**SIDES**

**PORK, BEEF OR CHICKEN SAUSAGE**

**BACON**

**TURKEY BACON**

**GRILLED HAM**

**BLACK PUDDING**

**BAKED BEANS**

**SAUTEED MUSHROOMS**

**HASH BROWNS**

**ROASTED TOMATOES**

**GUILT-FREE START**

**QUINOA & CHIA PORRIDGE WITH CINNAMON, ALMOND MILK, GOJI BERRIES, FLAX SEEDS AND CHIA SEEDS**

**SCRAMBLED TOFU & KALE WITH TURMERIC, CORIANDER, CHILLI AND SPRING ONION**

**SUPER SMOOTHIE WITH RAW COCOA POWDER, AVOCADO, BLUEBERRIES AND ALMOND MILK**

**ACAI BOWL WITH BANANA, BLACKBERRIES AND GRANOLA**

**ENERGY**

**FRESH JUICES**

Orange, Grapefruit, Apple or Juice of the Day

**HOT CHOCOLATE**

Classic, White or Mint

**JING TEA SELECTION**

**COFFEE**

Espresso, Macchiato, Americano, Cappuccino, Latte or French Press