BREAKFAST MENU



Fruits, Grains6.5Maple oat granola, banana cashew butter, coconut yoghurt, strawberries6.5Steel cut oat porridge, dates, black sesame, tahini6-Coconut chia pudding, strawberry balsamic shrub, thai basil, sunflower seeds6-Coconut, mango and banana smoothie bowl, dragon fruit, macadamia, buckwheat, aleppo7.5chilli crunch6-

On Toast- sourdough, grain, gluten free seeded loafButter and house spreads - house-made jam/miso peanut butter3.5Eggs: poached, scrambled, fried6-Smashed avocado, pickled red onion, manouri cheese soy pumpkin seeds, sprouts8-- add poached egg9.5Sobrasada, fried egg, sage oil, crispy sage8.5Dingley dell hand sausage, fried egg, cheddar brioche sandwich, tomato chilli jam,8.5

<u>Plates</u>

Polenta ricotta hot cakes, stewed plums, maple yoghurt cream - -Quinoa and buckwheat grain bowl, roasted sweet potato, stem broccoli, miso, tahini 8.5 - add soft boiled egg 10-Charred aubergine puree, soft boiled egg, chermoula, yoghurt, za'atar toast 9 -- add lamb meatballs 11-Mung dhal kitcheri rice, coconut yoghurt, coconut relish, spring greens, boiled egg 8.5 - add smoked haddock 10.5 Black bean and sweet potato hash, fried duck egg, feta, tomatillo salsa, chipotle, 10.5 mayonnaise Hot smoked salmon, scrambled eggs, chives, toast 9.5 Baked eggs, spiced tomato, pepper, chickpea ragu, rose harissa, greek yoghurt, 9.5 grilled flatbread, parsley - add merguez sausage 11.5 Caravan fry: eggs, roasted field mushrooms, slow roast tomatoes, thick cut bacon, 10.5 toast

SidesThyme roasted field mushroomsSlow roasted tomatoes3-Smashed avocado, chilli, lemonHot smoked salmon4-Pork and leek sausageThick cut bacon4-Grilled chorizoMerguez sausage4.5