Breakfast

Served 7am - 12pm

£2.9 / + £0.5

**SOURDOUGH TOAST [VGO / GFO]**

Served with dairy butter or a plant based spread (add honey/jam/ peanut butter/marmite/marmalade)

£5.5 / + £0.5

**PORRIDGE LIKE NO OTHER [VG]**

Made with organic almond milk & gooey dates, topped with banana, honey/syrup, chia seeds & almond flakes (add peanut butter /tahini/ berry compote)

£5.9

**POWER GRANOLA [VGO]**

Our homemade granola w/organic nuts and coconut flakes, served w/ Greek or dairy free yoghurt & berry compote

£7.5

**FLUFFY PANCAKES [VG]**

Plant based American-style pancakes served with dairy free yoghurt, maple syrup, berries, toasted almond akes, mint

Brunch

Served 7am - 3:30pm

£4.9 / + £1.25 / £+£1.5

**BACON SANDWICH [VGO, GFO]**

Bacon from our local bucher’s (or sweet & smoky tempeh!) sandwiched in a soft organic white bap; add one poached egg / add avocado

£5.9

**AVOCADO TOAST [VG, GFO]**

Sourdough toast w/ mashed avo, spring onions & herbs. You can choose from a variety of delicious toppings, ranging from our famous pan-fried smoky chickpeas, sun-dried tomatoes, tempeh, salmon to prosciutto or poached eggs. Add-ons start at just 50p!)

£6.9

**WELSH RAREBIT [V]**

creamy melted cheese & spring onions on sourdough toast. Served with a side salad. (You can choose to add prosciutto, blanched spinach or chilli)