Waterloo Tea Pen-Y-Lan Breakfast (served from 8.30am)

toast (white, malted, sourdough, rye or gluten free) £2 toasted cinnamon fruit loaf £2.5 freshly baked pastries (selection at the counter when available) £1.5 porridge served with fresh fruit and pecans v/vegan option £5 homemade granola with fresh fruit, welsh yoghurt and honey v £5 cinnamon fruit French toast, welsh yogurt, fresh fruit, pecans v £6.5

poached eggs with hollandaise and spinach on toasted sourdough v £6 (add smoked salmon £1.50) scrambled eggs with spinach on malted toast v £6 (add smoked salmon £1.50) smashed avocado with feta and chilli oil on toasted sourdough v £6 (add poached eggs £1.50) scrambled tofu with braised peppers, tomato and spinach on toasted sourdough, served with avocado (vegan) £7

welsh leek rarebit with plum chutney and side salad v £6 All of our food is prepared in a kitchen where nuts are present Please mention if you have any allergies or specific dietary requirements