



MENU



PANAM
RESTAURANT AND BAR

BREAKFAST

AVAILABLE UNTIL 1PM

Full English platter* to share **£10.00**
Grilled bacon, Cumberland sausage, black pudding, fried mushroom, grilled tomato, fried egg, hash brown, beans, toast
per person

* Ingredients may not be substituted. Vegetarian breakfast available on request

Add a glass of fruit juice and tea or coffee to your breakfast **£4.00**

HOUSE FAVOURITES

Home style fish & chips **£12.95**
Battered fillet, hand cut chips, minted mushy peas

Rotisserie Chicken **£11.95**
Half bird, choice of glaze, French fries, green salad, oil & vinegar dressing
Glazes - Piri piri, Jamaican jerk or lemon herb & garlic

Traditional Topado **£12.95**
Curried coconut broth, sweet basil, palm sugar, tamarind, rice, hot flat bread
Add chicken breast fillet **£2.00**

Caribbean Fishcakes **£12.95**
Panko coated, tuna, smoked mackerel, prawns, French fries, pineapple & mango salsa

St Louis rack **£18.50**
Six hour smoked pork belly ribs, herb rub, barbecue & maple glaze, French fries, coleslaw

PASTA & SALAD

Penne Al Funghi **£11.00**
Wild mushrooms, cream sauce, rocket, truffle oil

Penne Mexicana **£12.00**
Bacon, chorizo, spicy tomato sauce, Parmesan

Penne Salmone **£12.00**
Smoked salmon, cream sauce, Parmesan

Caesar salad **£10.00**
Baby Gem lettuce, garlic croutons, Caesar dressing, Parmesan cheese
Add grilled chicken or smoked mackerel **£2.00**

Rio Frio salad **£12.50**
Home smoked salmon, lettuce, cherry tomatoes, cucumber, olive oil, sea salt, dill dressing

PIZZA & SANDWICHES

AVAILABLE UNTIL 5PM

PIZZA

Margherita **£9.95**
Tomato, mozzarella, olive oil, Parmesan

Sloane Ranger **£11.50**
Margherita pizza, prosciutto, rocket

Class Act **£11.95**
Tomato, goats cheese, pesto, pine nuts, olive oil, rocket

Texas Heat **£11.95**
Tomato, cheddar, bbq chicken, chilli beef, jalapenos

SANDWICHES

Brooklyn Steak sandwich **£12.50**
Ciabatta, steak strips, barbecue sauce, Jack Cheddar cheese

Club House ciabatta **£12.50**
Grilled chicken, bacon, garlic mayo

Sandwiches are served with lettuce, tomato, seasoned fries, coleslaw

We prepare our food in kitchens with products containing gluten and nuts as well as other allergens. We cannot guarantee that any food items will be 100% free from any allergen due to the risk of unexpected cross-contamination.

Please ask a member of our team for more information!

FROM THE GRILL

BURGERS

On a brioche bun (except Black & Blue burger) with lettuce, tomato, red onion, garlic mayo and gherkin, with seasoned fries & coleslaw

Gourmet Beef Burger **£11.95**
Handmade prime minced beef patty

The Panam Jack **£12.95**
Gourmet beef burger with Jack cheese

Down 'N' Dirty **£13.95**
The Panam Jack with pulled Texas chicken, smokey barbecue sauce, onion crunchies

Sao Paulo Chicken **£12.95**
Chargrilled breast, piri piri marinade

Spicy bean burger **£12.00**
Chilli jam, smashed avocado, coriander

Black & Blue burger **£14.00**
Black Angus beef patty, blue cheese, charcoal black seeded bun

PRIME STEAKS

Featherblade Steak **£14.95**
Also known as the Flat Iron, has a reputation for flavour and tenderness.

(We are unable to cook this steak intensely due to its structure and recommend medium rare to medium)
Served with hand cut chips, herb butter, green salad with oil & vinegar dressing

New York steak classic **£19.95**
Aged sirloin, herb butter, hand cut chips, roasted tomato, field mushroom

For steak sauces, please see below

EVENING SPECIALS

SERVED FROM 5PM

Jambalaya **£15.00**
Cajun rice, chicken, chorizo, shellfish, tomato crostini

Goats cheese tartlet **£14.00**
Caramelised onion, rocket & candied walnut salad, sweet potato fries

Brazilian seafood stew **£16.00**
Coconut & peanut broth, mussels, prawns, white fish, rice & beans

"Paper Bag" Salmon **£14.50**
Jerked cream sauce, rice & beans, steamed greens

Bajan Shank **£17.95**
Braised lamb, coconut cream, sweet potato, bonnets, coriander, rice & beans

EXTRA SIDES

ALL SIDES - £2.95

Hand cut chips
Seasoned fries
Mixed leaf salad
Crispy battered onion rings

SAUCES

ALL SAUCES - £2.00 EACH

Peppercorn
Mushroom
Blue Cheese

SWEETS

Boston chocolate brownie **£5.50**
Ferrer-o ice cream, chocolate sauce, whipped cream, Rossini curl

Homemade cheesecake pot **£5.50**
Flavour of the day, vanilla ice cream

Sticky toffee pudding **£5.50**
Rich toffee sauce, toffee fudge ice cream

Belgian Waffle **£5.50**
Banana ice cream, whipped cream, caramel sauce

Ice cream and sorbets **£4.50**
Two scoops - Vanilla, strawberry, chocolate, toffee fudge, coconut, Ferrer-o, banana **Sorbets** - mango, lemon, strawberry