

**This is a sample menu. Urban Pantry menu changes every 1-2 weeks due to seasonality of ingredients, so please be aware that some of these items might have changed**

#### Sweet brekkies

Toasted banana bread with salted/unsalted butter £4.60 (V)  
Homemade Urby P granola with berries £5.95 (V)(GF)  
Porridge with - mango and vanilla compote £6.55 (V)(GF)  
- chai infused peach compote  
(with dairy alternatives+£1.00) (DF) (Veg\*)

• American style pancakes with maple syrup butter and blueberries or banana £8.90 (V) (add streaky bacon £2.60)

Baby pancakes with maple syrup butter and blueberries or banana £6.10 (V)

#### Brekkies

Poached, scrambled or fried eggs on sourdough toast £6.70 (V)

Avocado smash(contains feta), poached eggs, dukkah (contains nuts), halloumi, little leaves, sourdough toast £11.05 (V)

Baked eggs with sweet potato, cavolo nero and chimichurri, sourdough £11.15 (V) (add sausage/streaky bacon £2.60)

Corn Fritters, heritage cherry tomatoes, chilli jam, little leaves (V) (add avocado/bacon +£2.50) £10.80

Vegan Brekkie- Avocado, spinach, field mushroom, butternut squash, roast tomato, sourdough £11.30 (Veg) (DF) (V)

Veggie Brekkie- Eggs, field mushroom, spinach, butternut squash, halloumi, sourdough £11.60 (V)

Big Brekkie- Eggs, bacon, sausage, field mushroom, roast tomato, sourdough £11.70

Winter Brekkie- Eggs, bacon, sausage, butternut squash, field mushroom, confit shallot, sourdough £11.90

#### Specials

Coconut pancakes with bananas and coconut and chocolate sauce (DF)(V) £9.50

Green Shakshuka- baked eggs in a broccoli, spinach and courgette sauce with feta (V) £11.15

Cachapas- traditional Venezuelan sweetcorn pancakes with Cheddar served with tomato salsa (add avocado smash/chorizo £2.60) GF £11.15

Sourdough can be substituted for rye/gluten free

All our meat and eggs are free range and proudly supplied by HG Walter

#### Sandwiches – served on own or with chips/daily salad

Bacon roll/sausage bap with homemade tomato beetroot chutney and aioli  
£5.35/£9.60 -Add egg £1.90

-Add sausage £2.60

-Add avocado/extra bacon £2.80

Mushroom and halloumi bap with homemade chilli jam £5.55/£9.50 (V)

Avocado smash and halloumi bap with homemade chilli jam £5.85/£9.60 (V)

Paprika chicken wrap with red pepper, aioli, chilli jam £5.40/£9.50

Ham and cheese sourdough toastie £5.20/£9.60

Spiced sweet potato wrap with houmous and feta £5.10/£9.30 (V)

Smoked salmon open sandwich with avocado smash and capers £7.25/£10.40

Paprika chicken open sandwich with avocado smash £7.25/£10.40