

From open - till close
MENU



Today Is Going To Be
A GOOD DAY

Breakfast Specials

Available from open till 12pm

Smashed Avocado & Mojo Picon (PB) 9.00

Smashed avocado, mojo picon, pico de gallo & spring onion on toasted sourdough

Add chorizo 2.50 | add haloumi 2.50 | add egg 1.50
Add vegan chorizo 2.50 | add crispy bacon 2.50
Add La Vie veggie bacon 2.50

Scrambled Eggs on Toast (v or PB available) .. 7.50

Soft scrambled eggs on lightly buttered toasted sourdough. Switch to fried, poached or scrambled tahini tofu (pb) if you fancy

Add chorizo 2.50 | Add haloumi 2.50
Add crispy bacon 2.50 | Add vegan chorizo 2.50
Add La Vie veggie bacon 2.50

Breakfast Burrito (v available) 9.00

Choose between chorizo or vegan chorizo, scrambled egg, avocado, cheese & hot sauce

Blueberry Pancakes (v or PB available)

2 pancakes, whipped butter & maple syrup 7.00

Brekky #1 9.00

1 sausage, 2 crispy bacon, 1 fried egg, 2 hash browns, beans & toast

Club Classics

Huevos Rancheros (v available) 14.50

Choose between chorizo or vegan chorizo with fried eggs (huevos), grilled quesadilla filled with red Leicester cheese & topped with a chipotle and tomato sauce, black beans, avocado, sour cream, pico de gallo, roasted jalapeños & coriander

Bean Shakshouka & Avo Toast (v) 12.00

Poached eggs in a thick harissa, tomato and pepper sauce with sliced avo toast for dipping
Add chorizo 2.50 | Add haloumi 2.50

Smoked Salmon & Scrambled Eggs 14.00

Soft scrambled eggs & smoked salmon on sourdough toast with sea salt, black pepper & lemon

Fried Chicken Rancheros 14.50

Huevos Rancheros but changing chorizo for golden buttermilk fried chicken

Fried Chicken Bacon & Waffles 17.00

Freshly baked buttermilk waffle, golden buttermilk fried chicken, crispy bacon, fried egg & gravy

Pancakes

Pancakes, Cream & Berries (v) 14.00

Locally world famous pancakes, fresh berries, lemon & vanilla cream & maple syrup

The All American (v available) 18.00

The dish that made us famous (D-list celebrity famous) Pancakes, bacon, a 'not so' American proper British sausage, homestyle potatoes, fried eggs & maple syrup

Big Stack 16.00

Triple stack of pancakes, crispy bacon, hash browns, sausage patty, cheese, caramelised onions & a fried egg

Blueberry Pancakes & Bacon (v or PB available)

2 pancakes, 2 crispy bacon, maple syrup 8.00

3 pancakes, 4 crispy bacon, maple syrup 13.00

Caf Classics

The Greasy Spoon 13.00

3 crispy bacon, 2 sausage, 2 hash brown, 2 fried eggs & beans

The Full Monty 18.00

Bacon, sausage, crispy homestyle potatoes, portobello mushrooms, hash browns, black pudding, homemade BC beans, roasted cherry vine tomatoes, eggs & toast

Veggie Spoon (v or PB available) 13.00

3 La Vie veggie bacon, portobello mushrooms, hash browns, house-made BC beans, tomatoes & fried eggs. Switch to scrambled tahini turmeric tofu (pb) if you fancy

Benedicts

Add two hash browns or homestyle potatoes for 3.00 with any benedict

Eggs Benedict (v available) 13.00

Crispy bacon, poached eggs & hollandaise on a toasted English muffin

Grand Royale 16.00

Smoked salmon, rocket, poached eggs & tartare hollandaise on a toasted English muffin

Club Med Benedict (v) 15.00

Fried haloumi, sun-dried tomatoes, avocado with red pesto hollandaise on a toasted English muffin

Sandwiches

Available from open till 12pm

All served in a warm, soft brioche bun

Add two hash browns or homestyle potatoes for 3.00 with any sandwich



TBC Breakfast Burger 9.95

A sausage patty with crispy bacon, American cheese, fried egg & ketchup

Avo, Egg & Cheese (v) 9.95

Chopped avocado, 2 egg omelette, sunblush tomatoes, aged Red Leicester, caramelised onion and a chipotle & harissa mayo

Bacon, Avo & Applewood Smoked Cheddar (v available) 9.95

Crispy bacon, chopped avocado, applewood smoked cheddar & smashed brown with roast jalapeños, pink pickled onions & BC's very own Virgin Mary mayo

**LUNCH SPECIALS
FROM 12PM**

**Winner Winner
Fried Chicken Dinner**

3 pieces of golden buttermilk fried chicken in TBC's house recipe spices

With 2 sides and gravy 14.50

Choice of Chicken Dinner sides:

Fries | French Toast Fingers | Crispy Bacon | House Slaw | Homestyle Potatoes | Corn Ribs
Smokey Chorizo Beans | Chunky Avo

Chicken Caesar Salad 12.50

Arguably the greatest salad ever invented. Ours is a classic grilled chicken version with some added fried capers and cherry tomatoes

Philly Cheese Patty Melt 12.50

Beef patty, green peppers, caramelised onion, melted 3 cheese combo (Cheddar, American and cheese sauce) American mustard in buttered toasted sourdough (v available)

**Nashville Fried Chicken
& Ranch Burger 12.50**

Nashville style fried buttermilk chicken, house pickles, lettuce, ranch sauce & Nashville mayo in a brioche bun

Bacon & Applewood Burger 12.50

Beef patty, crispy bacon, Applewood smoked cheddar, roast jalapeños, pink pickled onions, smashed brown, chopped lettuce & Virgin Mary mayo in a brioche bun

FOOD FOR SHARING

Chocolicious Pancake Balls (v)

Mini doughnut style fried pancake balls, dusted in vanilla sugar served with a warm dark chocolate ganache 6.00

French Toast Dip (v)

French toast fingers (eggy bread) with maple syrup dip 5.00

Hash Browns & Dips (v)

6 hash browns & 2 dips 7.00
9 hash browns & 3 dips 9.00

Chipotle Ketchup | Virgin Mary Mayo | Cheese Sauce
Mojo Picon | Chipotle & Harissa Mayo

Sides

Fries (ve) 4.00

French Toast Dip (v) 5.00

With maple syrup

Harissa Cheese Fries (v) 5.00

Corn Ribs (PB) 4.00

House Slaw (v) 4.00

Homestyle Potatoes (PB) 4.00

Mojo Picon Potatoes (PB) 5.00

Homestyle potatoes in a red pepper and garlic sauce

Smokey Chorizo Beans 4.00

Hash Browns (PB) 5.00

With chipotle ketchup

Chunky Avocado (PB) 4.00

With pico de gallo

Fresh Berries (PB) 4.00

Thick Cut Sourdough Toast (PB) 2.00



The humble egg. So wonderful when done right, so easy to get wrong.

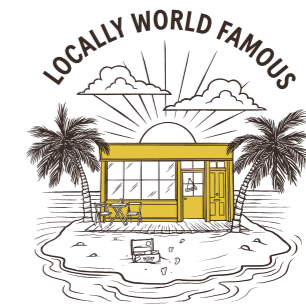
Let's start with the age old question, what came first, the Chicken or the Egg? Our eggs are hand-picked and come from multi award-winning St Ewe, the Tonks family owned farm in Cornwall where the hens roam free as a (flightless) bird. The welfare of the hens (chickens) definitely comes first. If hens did spa weekends, this would be it.

**BECOMING THE NATION'S
BEST LOVED CAF**

**The Breakfast Club
Get-Togethers**

The problem with a place like The Breakfast Club with its oat flat whites and avocado toast is it can feel quite intimidating to your average 85 year old Islington pensioner. Our 'get togethers' are events held across The Breakfast Club where we host local community groups in our cafs for tea, cake and a Prosecco or two! It's a social occasion that brings people together who often live alone and helps them build deep lasting relationships with each other and with our team.

Our team lead the events and spend a couple of hours eating, drinking and chatting with groups of older people from all walks of life local to our cafs. Whether it's Islington Pensioners or the older Brighton LGBTQ+ community



There's our annual Christmas knees up for turkey, party frocks, carol singing and a few risqué party games. Age is not a barrier to a filthy sense of humour.

This is a community program with depth, substance and heart. It's integral to our mission to become **The Nation's Best Loved Caf.**

PLANT BASED OPTIONS

You'll see a few references to vegan replacements on bacon, eggs and chorizo on this menu.

Our 'made in house' (not in a factory) **chorizo** has all the flavours, non of the meat. With a sun-dried tomatoes, soya, smoked paprika, garlic, cumin and lemon. Trust us when we say this a 'stand on it's own two feet' tasty bit of food. Not just for the veggies and vegans

Not a fan of eggs? We've got a delicious tahini and turmeric based **scrambled tofu**.

Then finally **La Vie Bacon**, in our humble opinion the best 'non bacon' bacon out there.

Scan here for calories or just trust your instinct



Please inform your server of any allergies or intolerances before you order.

Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens.

Scan here to leave feedback. The good, the bad & the ugly

