

BREAKFAST MENU

3

SOUTH PLACE

Monday - Friday | 7am-10:30am
Saturday - Sunday | 7:30am-12pm

SOUTH PLACE FAVOURITES

Crushed avocado with Orange & lime, sourdough toast & poached eggs (v) 607kcal	14.5
Eggs Benedict 528kcal	11.5
Eggs Royal 540kcal	14.5
Eggs Florentine (v) 472kcal	11.5
Three egg omelette 396kcal with a choice of fillings: Cheddar cheese 78Kcal, tomato 6Kcal, mushroom 4Kcal, ham 48Kcal, onion 14Kcal, chili 5Kcal, spinach 8Kcal	12
Breakfast roll, fried egg and Hollandaise sauce..... with a choice of fillings: Cumberland sausage 831kcal, streaky bacon 757kcal, crushed avocado 684kcal	9
Oak smoked salmon and scrambled eggs 510kcal sourdough toast	14.5
American style pancakes with streaky bacon, blueberries & maple syrup 718kcal or banana & Nutella 880kcal	12.5
Full English breakfast Cumberland sausage, streaky bacon, slow roasted tomato, field mushroom, baked beans, Cumbrian black pudding, choice of egg: Poached eggs 999kcal, Fried egg 1161kcal, Scrambled egg 1001kcal	16
Full vegetarian breakfast Plant based sausage, slow roasted tomato, field mushroom, hash brown, baked beans, choice of eggs (v) Poached eggs 590kcal, Fried egg 635kcal, Scrambled egg 594kcal	13
Full vegan breakfast 613kcal Plant based sausage, slow roasted tomato, field mushroom, baked beans, hash brown & crushed avocado (vg)	13

HOT BEVERAGES

Caffe Latte 197kcal	4.5
Cappuccino 197kcal	4.5
Flat White 197kcal	4.5
Americano 197kcal	4.5
Double Espresso 65kcal	4.5
Espresso 32kcal	3.5
Hot Chocolate 419kcal	4.5

OATS, FRUITS & GRAINS

Large rolled oat porridge (v/vg) Available with milk 323kcal water 275kcal, oat milk 318kcal or almond milk 311kcal	8
Organic Greek style yoghurt (v) 355kcal with banana, nut granola & London honey	8
Coconut yoghurt, mixed berries (vg) 454kcal nut granola	9
Seasonal fruit plate (vg) 146kcal	10

SIDES

3.25 each

Sourdough toast, cultured English butter (v) 375kcal	
Cumberland sausage 281kcal	
Smoked streaky bacon 217kcal	
Cumbrian black pudding 222kcal	
Baked beans 111kcal	
Hash brown 158kcal	
Slow roasted tomato 62kcal	
Flat mushrooms 53kcal	
Crushed avocado with chili & lime 295kcal	

SELECTION OF PASTRIES

Croissant 254kcal	3.25
Pain au chocolat 292kcal	3.25
Pain aux raisins 353kcal	3.25

JUICES kcal per 350ml

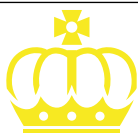
5 each

Orange 144kcal Apple 168kcal Pineapple 175kcal Cranberry 221kcal Grapefruit 133kcal	
Rise & Shine 168kcal Pure Green 133kcal Carrot, Ginger, Turmeric Kale, Cucumber, Apple, Pineapple	
Ginger Shot 7kcal	3.95

SELECTION OF TEAS

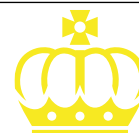
5 each

English breakfast 33kcal Earl Grey 33kcal Peppermint 0kcal Green Yunna Tea 0kcal Fresh mint 10kcal Lemon & Ginger 0kcal	
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STAYING WITH US?

IF YOU HAVE BREAKFAST INCLUDED, EAT LIKE ROYALTY
UP TO £30 PER PERSON, PER DAY



VG - Vegan | V - Vegetarian - Adults need around 2000 kcal a day. Should you have any allergies or intolerances, please advise your server who will be happy to discuss them with you. Please note that whilst we minimise the risk of cross-contamination, we handle allergenic ingredients throughout our kitchens and cannot guarantee any allergen-free dishes. Our vegan dishes are made to vegan recipes but may not be suitable for guests with milk or egg allergies. A discretionary 15% service charge will be added to your total bill. Prices include VAT

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