# FARMACY BREAKFAST MENU

14

12

10.5

11

11.5

11

9

9

Our mission is to help raise consciousness around food. We are part of a *community* promoting a healthy lifestyle. This is a movement that promotes plant-based, *organic* eating and a chemical-free approach to increase health and *wellness* for both us and the *planet*.

#### BREAKFAST CLASSICS

# RAWNOLA

Sprouted buckwheat granola & fresh seasonal fruit served with housemade tigernut milk  $\it GFVG$ 

#### FARMACY BREAKFAST

Potato rosti with truffle cream, roasted cherry tomatoes, seasonal greens, marinated portobello mushroom & sprouted house baked beans served with sourdough toast

NF VG Gluten free toast or bun available

#### PROTEIN 'OMELETTE'

Chickpea pancake filled with roasted butternut squash, avocado, chard & harissa served with a smoked paprika dressing GF NF VG

#### CHOCOLATE CHIP WAFFLES

Made with 100% gluten free oats, sunwarrior protein & chia seeds served with banana, housemade nutella & coconut 'yoghurt'

GF VG

#### FARMACY BENEDICT

Toasted seeded muffin with marinated portobello mushrooms & seasonal greens topped with sesame avocado & Farmacy hollandaise

# HOUSE PANCAKES

Made with buckwheat flour served with seasonal fruits, coconut 'yoghurt', caramelised pecans & maple syrup *GF VG* Ask for nut free option

#### AVOCADO TOAST

Avocado, tomatoes, dukkah & herbs served on sourdough VG Gluten free toast or bun available

#### BEANS ON TOAST

Sprouted beans on sourdough toast with roasted seasonal asparagus & truffle sauce  $\ensuremath{\mathit{NFVG}}$ 

#### CELESTIAL BERRY BOWL

Mixed berry compote & coconut milk with lucuma, spirulina & maca root topped with banana, goji berries & crunchy rawnola *GF VG* 

### PROBIOTIC JARS

# BEE GRATEFUL

Housemade probiotic spirulina 'yoghurt' served with chia seed porridge, seasonal fresh fruit, crunchy almonds & bee pollen *GFR* 

# SWEET TART

Housemade vanilla infused cashew 'yoghurt', spiced apple & plum compote with sprouted buckwheat granola *GFR* 

LET FOOD BE THY MEDICINE AND MEDICINE BE THY FOOD

#### SYRINGE SHOTS

5

#### FIRE STARTER

Ginger, turmeric, cayenne & lemon GF NF R VG

#### O.M.G.

Organic CBD powder, flaxseed oil & grapefruit *GF NF R VG* 

#### BEAUTIFY

Goji berries, shizandra berries, silica & aloe vera

#### ANTIDOTE

Activated charcoal & raw coconut water

GENER VG

#### MELT AWAY

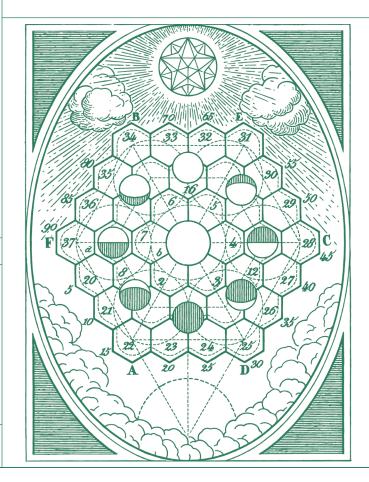
Ginkgo, turmeric, gotu kola, garcinia, milk thistle & cucumber juice GFNFVG

#### SIDES

TOASTED SOURDOUGH	3.75
AVOCADO	3.75
GUACAMOLE	3.75
TRUFFLE POTATO ROSTI	3.75
HOUSE BAKED BEANS	3.75

#### GF – GLUTEN FREE | NF – NUT FREE | R – RAW | VG – VEGAN

Please be aware that our dishes are prepared in a kitchen where allergens are present throughout, therefore we cannot guarantee that any dishes or drinks will be free from trace ingredients. Please let your server know before ordering if you have any allergies or intolerances. A discretionary 12.5% service charge will be applied to your bill and is shared amongst all staff.



# FARMACY BRUNCH MENU

10

12

15

15.5

Farmacy is a *plant-based* brand, that aims to make healthy eating fun, in a beautiful setting. Our mission is to help raise consciousness around food. We are part of a *community* promoting a healthy lifestyle. This is a movement that promotes plant-based, *organic* eating and a chemical-free approach to increase health and *wellness* for both us and the *planet*.

#### STARTERS & SHARERS

# MAC 'N' 'CHEESE'

Rice pasta in a truffled 'cheese' sauce topped with a sage crumble GF NF VG

#### ARTICHOKE PIZZETTA

Served on our housemade sourdough with a tomato & artichoke sauce, macadamia herb 'cheese', olives, capers, spinach & cherry tomatoes

# NACHOS Corn chips, guacamole & frijoles with salsa & 'sour cream'

Corn chips, guacamole & frijoles with salsa & 'sour cream' GF VG

### SWEET POTATO FALAFELS 7.

Served with harissa & mixed sprouts GF NF VG

#### SALADS - STARTER OR MAIN

#### FARMACY SALAD 7/13

Mixed green leaves, avocado, sprouts, fresh herbs, goji berries, hemp seeds & activated seeds served with za'atar crackers & a beetroot dressing GF NF R VG

# CAESAR SALAD 7/13

Romaine lettuce, mushroom anchovies, avocado, capers, sundried tomatoes served with a caesar dressing & omega 3 flax crackers

GF NF VG

#### ASIAN SALAD 7/13

Seaweed, broccoli, spinach, cucumber, mushrooms, sprouts & sesame seeds with a sesame ginger dressing  $\it GF\,NF\,VG$ 

# EARTH BOWLS

#### KIMCHI SPRING BOWL

Soba noodles, spicy kimchi, sautéed spinach stems, raw seasonal asparagus, raw brine carrots, marinated mushrooms, radish sprouts & tamarind vinaigrette GF NF VG

# MEXICAN BOWL

Sprouted coriander rice, romaine, guacamole, frijoles, tomatoes, chipotle 'sour cream', purple potato, corn chips & jalapeño dressing GF VG

# MACRO BOWL 14.5

Steamed quinoa, roasted sweet potato, Kombu seaweed, sautéed kale, radish sprouts, avocado, Farmacy pickles & ginger miso dressing GF NF VG

#### CLASSICS

9

14

12

10.5

11

11.5

10

15.5

11

9

#### RAWNOLA

Sprouted buckwheat granola & fresh seasonal fruit served with housemade tigernut milk

GF VG

#### FARMACY BREAKFAST

Potato rosti with truffle cream, roasted cherry tomatoes, seasonal greens, marinated portobello mushroom & sprouted house baked beans served with sourdough toast

NF VG Gluten free toast or bun available

#### PROTEIN 'OMELETTE'

Chickpea pancake filled with roasted butternut squash, avocado, chard & harissa served with a smoked paprika dressing

GF NF VG

#### CHOCOLATE CHIP WAFFLES

Made with 100% gluten free oats, sunwarrior protein & chia seeds served with banana, housemade nutella & coconut 'yoghurt' *GF VG* 

#### FARMACY BENEDICT

Toasted seeded muffin with marinated portobello mushrooms & seasonal greens topped with sesame avocado & Farmacy hollandaise  $\it VG$ 

#### HOUSE PANCAKES

Made with buckwheat flour served with seasonal fruits, coconut 'yoghurt', caramelised pecans & maple syrup

GF VG Ask for nut free option

#### AVOCADO TOAST

Avocado, tomatoes, dukkah & herbs served on sourdough.

VG Gluten free toast or bun available

# FARMACY BURGER

Millet, black bean & mushroom burger served with garlic aioli, goji ketchup, avocado, pickles, tomato & potato chips served in a sourdough vegan bun

 $\it VG$  Gluten free toast or bun available served with your choice of potato chips or sweet potato fries

# BEANS ON TOAST

Sprouted beans on sourdough toast with roasted seasonal asparagus  $\&\ truffle\ sauce$ 

# CELESTIAL BERRY BOWL

Mixed berry compote & coconut milk with lucuma, spirulina & maca root topped with banana, goji berries & crunchy rawnola *GF VG* 

#### SIDES

BREAD BASKET	3.75
AVOCADO OR GUACAMOLE	3.75
SEASONAL GREENS	3.75
SPROUTED GRAINS	3.75
KIMCHI	3.75
POTATO CHIPS	3.75
SWEET POTATO FRIES	3.75
ZA'ATAR CRACKERS	3.75
HUMMUS	3.75
TRUFFLE POTATO ROSTI	3.75
HOUSE BAKED BEANS	3.75

# FARMACY MAIN MENU

EARTH BOWLS Our mission is to help raise consciousness around food. We are part of a *community* promoting a healthy lifestyle. KIMCHI SPRING BOWL 15 Soba noodles, spicy kimchi, sautéed spinach stems, raw This is a movement that promotes plant-based, organic eating seasonal asparagus, raw brine carrots, marinated mushrooms, and a chemical-free approach to increase health and wellness radish sprouts & tamarind vinaigrette GF NF VG for both us and the planet. MEXICAN BOWL 15.5 Sprouted coriander rice, romaine, guacamole, frijoles, STARTERS & SHARERS tomatoes, chipotle 'sour cream', purple potato, corn chips & jalapeño dressing MAC 'N' 'CHEESE' 10 GF VG Rice pasta in a truffled 'cheese' sauce topped with sage crumble GF NF VG MACRO BOWL 14.5 Steamed guinoa, roasted sweet potato, Kombu seaweed. ARTICHOKE PIZZETTA sautéed kale, radish sprouts, avocado, Farmacy pickles Served on our housemade sourdough with a tomato & ginger miso dressing & artichoke sauce, macadamia herb 'cheese', olives, capers, GF NF VG spinach & cherry tomatoes VG MIDDLE EASTERN BOWL 15 Steamed buckwheat served with baba ganoush, spirulina NACHOS 12 hummus, sprouted tabbouleh, sweet potato falafels, Corn chips, guacamole & frijoles with salsa & 'sour cream' pickled beetroot topped with sprouts & za'atar crackers GF VG GF NF VG SWEET POTATO FALAFELS 7.5 Served with harissa & mixed sprouts FARMACY CLASSICS GF NF VG FARMACY BURGER 15.5 SEASONAL MEZZE FOR TWO TO SHARE Millet, black bean & mushroom burger served with garlic aioli, Carrot hummus, pea tapenade, crispy turmeric cauliflower, goii ketchup, avocado, pickles, tomato & potato chips served Farmacy pickles, za'atar crackers & seeded flatbread in a sourdough vegan bun. Gluten free toast or bun available NF VG served with your choice of potato chips or sweet potato fries SEASONAL PIZZETTA 11 Please ask your server for the chef's seasonal special KITCHARI DAHL 16 Ayuverdic blend of seasonal greens & sprouted mungbeans, cooked in a nutrient rich coconut & turmeric broth, served SUPER GREENS SOUP with coconut 'yoghurt' and your choice of grains; sprouted A spinach, courgette & pea soup blended with spirulina rice or quinoa served with Farmacy flatbread GF NF VG GF NF VG CHEF'S GREEN CURRY 16 SOUP OF THE SEASON Broccoli, sugar snap peas, aubergine, mangetout & chinese Chef's seasonal organic vegetable soup served cabbage cooked with chilli, coconut, lemongrass & spices, with Farmacy flatbread served with sprouted brown rice & coriander VG GF NF VG LOADED VEGETABLE QUESADILLA 12 SALADS - STARTER OR MAIN Chickpea tortilla packed with macadamia 'cheese', seasonal vegetables & root green sauce **FARMACY SALAD** 7/13 GF VG Mixed green leaves, avocado, sprouts, fresh herbs, goji berries, hemp seeds & activated seeds served with za'atar TAGLIATELLE AI FUNGHI 14.5 crackers & beetroot dressing Fresh spelt pasta, porcini mushroom sauce & truffle oil GENER VG NF VG CAESAR SALAD 7/13 Romaine lettuce, mushroom anchovies, avocado, capers, SIDES sundried tomatoes served with a caesar dressing & omega 3 flax crackers BREAD BASKET 3.75 GF NF VG AVOCADO OR GUACAMOLE 3.75 ASIAN SALAD 7/13 SEASONAL GREENS 3.75 Seaweed, broccoli, spinach, cucumber, mushrooms, sprouts, sesame seeds & sesame ginger dressing SPROUTED GRAINS 3.75 GF NF VG KIMCHI 3 75 POTATO CHIPS 3.75

SWEET POTATO FRIES

ZA'ATAR CRACKERS

**HUMMUS** 

LET FOOD BE THY MEDICINE AND MEDICINE BE THY FOOD

3.75

3 75

3.75

# FARMACY DESSERT MENU

CLASSIC DESSERTS		545440541540	
		FARMACEUTICAL TEAS	
COCONUT RICE PUDDING  Warm arborio rice with green cardamom served with a crisp coconut cookie  GF NF VG	9	FRESH MINT & LEMON VERBENA A calming digestive aid GF NF VG	4
BANANA BREAD & PEANUT BUTTER PUDDING Gluten free banana bread, caramelised bananas, peanut cream & peanut butter nice cream GFVG	10	GINGER ROOT & LEMON PEEL An immune boosting mix served with an optional spoonful of raw honey  GF NF VG	4
NICE CREAM BROWNIE SUNDAE Farmacy brownie served with vanilla nice cream, seasonal fruits, raw cacao & housemade maca caramel	10	BEETROOT & CINNAMON A blood cleanser which boosts the lymphatic system GF NF VG	4
RAW CHOCOLATE TART  Naturally sweetened with dates & served with vanilla coconut	10	HEART CHAKRA  An awakening mix of fresh rose buds  GF NF VG	4
nice cream & chocolate crumble  GF R VG		CHAMOMILE FLOWER  GF NF VG	4
WARM CHOCOLATE CHIP COOKIE Served with a glass of housemade almond milk GFVG	8	EARL GREY TEA  GF NF VG	4
		CEYLON TEA  GF NF VG	4
PROBIOTIC JARS BEE GRATEFUL	9	HONEY ORCHARD TEA  GF NF VG	4
Housemade probiotic spirulina 'yoghurt' served with chia seed porridge, seasonal fresh fruit, crunchy almonds & bee pollen <i>GFR</i>		GREEN TEA GF NF VG	4
SWEET TART Housemade vanilla infused cashew 'yoghurt', spiced apple & plum compote with sprouted buckwheat granola	9	CHAITEA GF NF VG	4
GF R		SPECIALITY HOT DRINKS	
NICE CREAM		FARMACY HOT CHOCOLATE  Cacao, coconut milk, cacao butter, cinnamon, vanilla	7
VANILLA CASHEW NICE CREAM  GFRVG	2	& nutmeg topped with our housemade whipped 'cream'  GF VG	
COCONUT NICE CREAM  GF VG	2	GOLDEN MILK Turmeric, black pepper, cardamom & coconut milk  GF NF VG	4
CHOCOLATE NICE CREAM  GFRVG	2	MATCHA LATTE Matcha & coconut milk	6
COFFEE		GF NF VG	
LATTE	4	ADAPTOGENIC LATTE Reishi, chaga, ho shu wu, maca, vanilla protein powder	6
CAPPUCCINO	4	& coconut milk  GF NF VG	
AMERICANO	4		
ESPRESSO	3	MACA LATTE  Maca, cinnamon & coconut milk  GF NF VG	4
With oat NF VG, coconut GF NF VG or almond milk GF VG		GENEVO	
		CHAI LATTE Chai spice & coconut milk GF NF VG	4
		GF – GLUTEN FREE   NF – NUT FREE   R – RAW   VG – VEGAN  Please be aware that our dishes are prepared in a kitchen where allergens are present throughout, therefore we cannot guarantee that any dishes or drinks will be free from trace ingredients. Please let your server know before ordering	

will be applied to your bill and is shared amongst all staff.

# FARMACY DRINKS MENU

	DRINK	SMENU	
CBD SPECIALS		WHITE / ORANGE WINE	
THERE'S SOMETHING ABOUT MARY Organic CBD powder, vanilla infused vodka, housemade hemp	12	GRAN CERDO BLANCO Gonzalo Grijalba, Rioja Alta, Spain, 2016	5/20/27
& bayleaf syrup, a dash of chilli sauce, mango puree & lime juice GRASS ME UP	8	VERDICCHIO GINO Fattoria San Lorenzo, Marche, Italy, 2016	36
Organic CBD powder, raw coconut water, pineapple juice, fresh lime juice, housemade hemp & bayleaf syrup, acai protein powder, hemp seeds & frozen banana		VOUVRAY SEC La Dilettante, Catherine & Pierre Breton, Loire, France, 2016	7/28/39
		DINAVOLINO Denavolo, Emilia Romagna, Italy, 2015	43
SIGNATURE COCKTAILS		REBULA Nando, Brda, Slovenia, 2016	8/32/46
COOL AS A CUCUMBER Gin, cucumber & lime juice	10	TERRE SILVATE	8/32/46
TEQUILA MOCKINGBIRD  Tequila, lime juice & pink himalayan salt	10	,	10.50/42/61
MEZCAL MAGIC  Mezcal, pineapple juice & lime juice	12	Marko Fon, Kras, Slovenia, 2016  CHINURI	47
COCO LOCO	10	Skin contact, Qvevri-1, lago Bitarishvili, Kartli, Georgia, 201	5
Vodka, raw coconut water & lemon juice		TSOLIKAURI Pheasant's Tears, Imereti, Georgia, 2016	9/36/52
RUM ME UP THE RIGHT WAY Rum, mango & lime juice	10	OPOK WHITE	8/32/46
FORAGER'S MARTINI Gin, blackberry, cranberry & lemon juice	10	Maria + Sepp Muster, Styria, Austria, 2015  A THOUSAND FIRES	63
CLEAN COSMO Vodka, cranberry & lime juice with an orange twist	10	Jauma, Basket Range, Australia, 2016  GRILLO	11/44/64
MATCHA CAIPIROSKA Vodka, matcha, apple, lemon & ginger juice	12	Nino Barraco, Sicily, Italy, 2015  GAIA	67
GINGER NINJA Rum, ginger, lime juice & fresh mint	10	Cantina Giardino, Campania, Italy, 2015  CHARDONNAY	12/48/70
ESPRESSO MARTINI House infused vanilla vodka, organic coffee	12	Frederic Cossard, Burgundy, France, 2016	
& organic coffee liqueur		RED WINE	
ORGANIC BEER		CUVEE DES GALETS Les Vignerons d'Estezargues, Côtes du Rhone, France, 2016	5/20/27
FREEDOM ORGANIC HELLES  Bavarian-style helles with floral hop aroma & crisp finish	5	TRAGOLARGO Bernabe Navarro, Alicante, Spain, 2016	6/24/34
JUST FREEDOM PALE A dry pale ale that derives its colour and body from cara malt	5	SYRAH Domaine Vigneaux, Ardeche, France, 2016	35
& notably an inclusion of rye  FREEDOM AMBER RYE LAGER	5	BLAUFRANKISH Judith Beck, Burgenland, Austria, 2016	7.25/29/40
Cara & crystal malt feature whilst a healthy dose of rye adds fullness & a hint of spice		TINTO NATURAL Partida Creus, Catalunya, Spain, 2016	41
SPARKLING		MORGON CLASSIQUE  Jean Foillard, Beaujolais, France, 2016	9/36/52
FERRANDO ROSATO Quarticello, Emilia-Romagna, Italy, 2016	8/46	BANDITA Cascina Tavijn, Piemonte, Italy, 2015	9/36/52
	9.50/55	SAPERAVI BUDESHURI Okro's Wines, Kakheti, Georgia, 2015	55
	12.50/73	DON'T THROW PLASTIC IN THE OCEAN, PLEASE Anders Frederik Steen, Ardeche, France, 2015	9.50/38/55
ROSE		ARCIPRESSI Fabricca di San Martino, Tuscany, Italy, 2015	55
PETIT ARNAUD Bodegas Loxarel, Penedès, Spain, 2016	6/24/34	BLOSSOMS Gentle Folk, Basket Range, Australia, 2017	63
	75/31/43	BEDEAU Frederic Cossard, Burgundy, France, 2015	12/48/70
IL VA, ÇA VA – JE VAIS, JE SAIS Anders Frederik Steen, Ardeche, France, 2016	55	Our wine prices by are by Glass 125ml / Carafe 500ml / Bottle	750ml

# FARMACY DRINKS MENU

D	KINK	SMENU	
COLD PRESSED		SIMPLE	
ALKALINE BOOSTER  A great source of magnesium with cucumber, kale, celery, spinach, romaine, lemon & parsley  GF NF R VG	7	FRESHLY SQUEEZED ORANGE JUICE  GF NF R VG  RAW COCONUT WATER	
APPLE – AID A liver cleansing cucumber, apple, lemon & mint GF NF R VG	7	SYRINGE SHOTS	
HIGH ON C A natural pick-me-up with carrot, lime & ginger GF NF R VG	7	FIRE STARTER Ginger, turmeric, cayenne & lemon GF NF R VG	
WITCHES BREW A blood cleansing beetroot, lemon, parsley & cucumber GF NF R VG	7	O.M.G. Organic CBD powder, flaxseed oil & grapefruit  GF NF R VG	
SUPERFOOD SMOOTHIES		BEAUTIFY Goji berries, shizandra berries, silica & aloe vera	
CHOCOLATE SUPREME Cacao, lucuma, dates, avocado, vanilla, cacao butter & pink himalayan salt with fresh almond milk  GFR VG	7	GF NF VG  ANTIDOTE  Activated charcoal & raw coconut water  GF NF R VG	
GREEN WARRIOR Spirulina, vanilla sunwarrior protein, spinach, avocado, cucumber, raw coconut water & chia seeds  GF NF R VG	7	MELT AWAY Ginkgo, turmeric, gotu kola, garcinia, milk thistle & cucumber juice GF NF VG	
COOL BEANS Cold brewed organic coffee, maca, dates, lucuma & cold pressed coconut oil with fresh almond milk  GFR VG	7	HOUSE SPECIALS  LEMON-AID An alkalising lemon juice with raw coconut water	
LONDON SUNSET Fresh pineapple, banana, blueberries & raw coconut water GF NF R VG	7	GF NF R VG  ICED TEA  Caffeine-free green tea with lemon juice, orange juice & berries	
MACA MALT Maca, almond butter, dates, banana, vanilla & cinnamon with fresh almond milk GFR VG	7	GF NF R VG  BERRY PUNCH  An immune boosting mix of raspberries, lemon juice, mint, ginger, strawberries, pineapple & grapefruit juice	
ADDITIONAL BOOSTERS  Acai powder, aloe vera, cacao, chaga, chia seeds, dandelion, flax seeds, garcinia, gingko, ginseng, goji berries, gotu kola, hemp seeds, ho shou wu, lucuma, maca, matcha, milk thistle, bil of oregano, raw fermented vanilla protein powder, reishi, shisandra berry, spirulina, turmeric	l each	GFNFR VG  MATCHA TONIC  An antioxidant blend of matcha, lemon, ginger, raw coconut water & fresh mint  GFNFR VG	
SPECIALITY HOT DRINKS		ICED MATCHA  Matcha & coconut milk over ice  GF NF VG	
FARMACY HOT CHOCOLATE Cacao, coconut milk, cacao butter, cinnamon, vanilla & nutmeg	7	FARMACEUTICAL TEAS	_
opped with our housemade whipped 'cream'		FRESH MINT & LEMON VERBENA A calming digestive aid	
GOLDEN MILK Turmeric, black pepper, cardamom & coconut milk GF NF VG	4	GINGER ROOT & LEMON PEEL An immune boosting mix	
MATCHA LATTE Matcha & coconut milk	6	BEETROOT & CINNAMON A blood cleanser which boosts the lymphatic system	
A DAPTOGENIC LATTE Reishi, chaga, ho shu wu, maca, vanilla protein powder a coconut milk SF NF VG	6	HEART CHAKRA An awakening mix of fresh rose buds CHAMOMILE FLOWER EARL GREY TEA	
MACA LATTE Maca, cinnamon & coconut milk	4	CEYLON TEA HONEY ORCHARD TEA	
GF NF VG CHAI LATTE Chai spice & coconut milk GF NF VG	4	GREEN TEA  CHAI TEA  All teas GF NF VG	

# FARMACY HIGH TEA

#### "R&R"

Heart Chakra Rose Infusion & Fresh Raspberries shaken with local artisanal Vodka & Lemon

#### **CBD TRUFFLES**

Tahini & Dark Chocolate — Basmati & Coconut

LEMON 'MERINGUE' PIE

BANANA & MACA CARAMEL CAKE

LAYERED STRAWBERRY & CASHEW MOUSSE

CHOCOLATE & PRALINE GANACHE

"FARMACY APPLE"

SCONES, COCONUT CLOTTED 'CREAM', SEASONAL HOUSEMADE JAM (G)

SMOKED CARROT, CHICKPEA BLINI & DILL

RAW QUICHE, SPINACH 'CREAM", PICKLED FIG

PULLED JACKFRUIT TACO, FRESH CHILLI

& CORIANDER

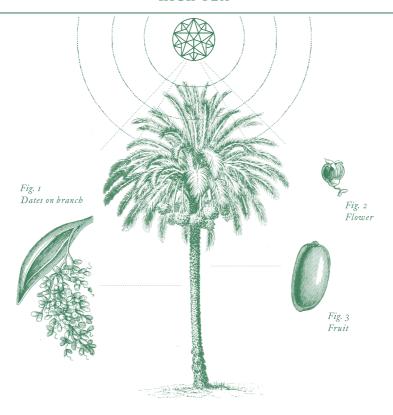
CUCUMBER & PEA SANDWICH (G)

Served with hemp leaf tea, or a choice of Farmacy house infusions  $% \left( 1\right) =\left( 1\right) \left( 1\right) +\left( 1\right) \left( 1\right) \left( 1\right) +\left( 1\right) \left( 1\right)$ 

£42 per person

Our afternoon tea is 100% plant based and free from dairy, gluten, refined sugars, additives and chemicals.

# FARMACY HIGH TEA



#### ABOUT CBD

CBD stands for *Cannabidiol*, one of many cannabinoid type molecules present within the cannabis plant, especially known for its medicinal qualities. Although some of these cannabinoids are known to be intoxicating (THC), CBD is completely non psychoactive, meaning it does not produce any such effects.

Our CBD is sourced legally by licensed growers and producers and undergoes advanced extraction and purification methods that are organic across the board to ensure maximum purity and potency, and to ensure no THC or any other impurity remains.

CBD has been shown in a number of studies to be beneficial at helping a variety of common conditions like inflammation, pain relief and even helping enhance memory and cognitive function amongst many other things. Cannabinoids in the body are known to help regulate many functions, including the immune system.