BREAKFAST

ENGLISH BREAKFAST - 28

Full English 807 kcal eggs of your choice, bacon, sausages, grilled tomatoes, baked beans, mushrooms and hash brown

Bakery basket of Danish pastries and croissants

Juice and tea or coffee

EGGS

Benedict 757 kcal - 16 English muffin, ham, hollandaise

Royale 753 kcal - 16 English muffin, salmon, hollandaise

Florentine 746 kcal - **16** English muffin, spinach, hollandaise

Asparagus 278 kcal - 14 poached eggs, hollandaise

Plain omelette 180 kcal - 14

Spanish omelette 232 kcal - **14** tomato, onion, spinach, mushrooms, peppers

Ham and cheese omelette 241 kcal - 14

White omelette and/or other fillings available upon request

Avocado on toast 395kcal - 15

MAINS

Crumpets 177 kcal - 8 butter, jam

French toast 357 kcal - **11** berries, crème fraîche, almonds

Pancakes & berries 475 kcal - 11

Hummus & pita 166 kcal - 6

SIDES

Bakery basket 560 kcal - 8

Baked beans 78 kcal - 5

Mushrooms 44 kcal - 5

Hash browns 240 kcal - 5

Streaky bacon 541 kcal - 5

Smoked salmon 105 kcal - 8

Cumberland sausages 320 kcal - 6

HEALTHY

Granola 471kcal - 8

Fruit salad 50 kcal - 7

Porridge 76 kcal - 6

poached eggs, pomegranate, Fruit chilli flakes Por

BEVERAGES

Tea - **6** Coffee - **6** Hot chocolate - **6** Orange, apple or grapefruit juice - 6

- Green morning juice 7
- Rise and shine juice 7

Mimosa - **17** Kir Royale - **17** Bloody Mary - **17**

Halloumi hash 365kcal - 11

sweet potato, spinach, tomato

Adults need around 2000 kcal a day. All prices are inclusive of 20% VAT. A discretionary service charge of 12,5% will be added to your final bill.



Vegetarian (V), Vegan (VG) and Gluten free options available, please ask prior to ordering. If you have an allergy to any food product or dietary requirement, please advise us prior to ordering.