SMOOTHIES all at 6.50

Banana & Coffee

Espresso, cocoa nibs, banana, almond butter, dates, vegan proteins, coconut milk

Beet & Charcoal

Beetroot, raspberries, banana, vegan proteins, activated charcoal, bee pollen, almond milk

Greens & Avocado

Baby spinach, kiwi, mint, spirulina, avocado, banana, vegan proteins, coconut water

Mango & Turmeric

Mango, turmeric, ginger, black pepper, honey, vegan proteins, almond & coconut milks

Apple & Oats

Oats, apple, banana, chia seeds, honey, cinnamon, vegan proteins, almond milk

TEA		COFFEE		FRESHLY	
PG Tips	2.50	Cafe latte	4.00	SQUEEZED	
English breakfast	4.00	Matcha latte	4.00	Orange	4.00
Earl Grey	4.00	Turmeric latte	4.00	Pink grapefruit	4.00
Darjeeling	4.00	Flat white	4.00		
Fresh mint	4.00	Cappuccino	4.00		
Green	4.00	Americano	4.00	FRESH JUICE	
Chamomile	4.00	Mocha	4.00	Apple	3.75
Rooibos	4.00	Espresso	4.00	Pineapple	3.75
Jasmine	4.00	Macchiato	4.00	Carrot	3.75
Lapsang souchong	4.00	Cafetiere	4.00	Coconut water	4.00
Iced tea	4.00	Iced americano	4.00		
		Iced mocha	4.00		
		Iced latte	4.00		
		Iced matcha	4.00		

BREAKFAST

FRUITS & GRAINS

Pink grapefruit	3.00
Cereal	3.50
Porridge or bramble porridge	4.50/5.00
Bircher muesli	6.50
Granola, honey	6.50
Greek yogurt, banana, candied pecans	7.00
Fruit salad	7.50

EGGS (BURFORD BROWNS)

Eggs any style on toast	6.00
Boiled eggs, buttered soldiers	6.00
Bacon and eggs	8.00
Egg white omelette with your choice of: ham, cheese, mushroom, tomato or spinach	
Avocado on toast, poached eggs	
Eggs Benedict, Florentine or Royale	12.00
Smoked salmon and scrambled eggs	13.50

CLASSICS

Mushrooms on toast	6.50
Sausage or bacon sandwich	6.50
Lorne sausage, tattie scones and fried egg	7.50
Heritage beetroot hash, fried duck egg	7.50
Ham hock hash, fried duck egg	9.50
Grilled Manx kippers with butter	9.50
Kedgeree	10.00
Full English breakfast eggs any style, sausages, bacon, tomato, beans, mushroom and black pudding	9.00/14.00

SIDES 3.50

Sausage, bacon, tomato, mushrooms, black pudding or baked beans

BAKERY 3.00

Croissant
Pain au chocolat
Pain aux raisin
Bakers basket 6.00

Muffin Crumpets, preserves Townhouse biscuits 3.00

Some dishes contain un-pasteurised cheese. A discretionary service charge of 12.5% will be added to your bill.

Please let us know if you have any allergies or require information on ingredients used in our dishes