

EARLY START

served until 10:30am

- double oat porridge** 4.5
warmed rolled oats with oatly, topped with chopped dates, pecans and maple syrup (vg)
- granola bowl** 5.5
house made granola served with thick coconut yoghurt, strawberries and fruit compote (vg)
- toasted sourdough** 2.5
two slices of sourdough, served with your choice of butter and preserves (vg)
- toasted teacake** 2.5
lightly spiced teacake with sultanas and currants, served with your choice of butter and preserves (vg)
- breakfast brioche**
toasted brioche bun filled with your choice of:
streaky bacon . 4.5 - OR - **sausage** . 4.5
- OR - **bacon & egg** . 5 -

LUNCH

served 12pm - 4pm

- chicken & bacon waffle** 11 -
twice fried chicken thigh, streaky bacon, chipotle butter and maple syrup served on a hot butter waffle
- revival bowl** 8 -
seed-dipped avo, quinoa, roasted sweet potato, charred tenderstem, edamame beans, lemon & kale slaw and pickled ginger, topped with miso sesame dressing (vg)
JAZZ IT UP: add smoked salmon . 4 - // add chicken . 4 -
- roasted butternut & charred corn salad** 8 -
cumin-roasted butternut, charred corn salsa, feta, spring onions, rocket and coriander (v) (vo)
- the kernel** 11 -
4oz beef patty, charred corn salsa, a drizzle of harissa, mayo and lettuce, served in a toasted brioche bun with your choice of:
house seasoned fries - OR - **wedge salad**
- grilled chicken burger** 11 -
grilled chicken breast, citrus mayo, lemon & kale slaw and lettuce, served in a toasted brioche bun with your choice of:
house seasoned fries - OR - **wedge salad**
- JFP** 11 -
breaded pulled jackfruit patty, citrus mayo, lemon & kale slaw and lettuce, served in a vegan brioche with your choice of: (vg)
house seasoned fries - OR - **wedge salad**
- shawarma flatbread**
warm flatbread topped with hummus, sliced fennel, orange, pink onions, rocket, a drizzle of rose harissa, mint and your choice of:
falafel (vg) . 8 - - OR - **halloumi (v)** . 9 -
- OR - **shawarma spiced chicken** . 9 -

SWEET TREATS

served all day

- affogato** 3 -
vanilla ice cream topped with espresso (v)
- espresso caramel waffle** 4 -
hot butter waffle topped with vanilla ice cream, caramel sauce and espresso (v)
- loaded brownie** 5 -
vanilla ice cream topped with warm brownie chunks, chocolate sauce and fresh strawberries (v)

our usual yummy cake & pastry selections are also up for grabs.
take this as a sign to treat yo'self!

BRUNCH

served until 4pm

- smashed avocado** 8 -
smashed avocado served on sourdough toast, topped with pink onions, walnut dukkah, herbs and your choice of:
poached eggs (v) - OR - **sun-dried tomatoes & seeds (vg)**
JAZZ IT UP: add streaky bacon . 2 - // add feta & red chilli (v) . 1.5
- BEAR bennies** 8 -
bubble & squeak cakes, topped with charred tenderstem, poached eggs, hollandaise and mojo verde sauce (v)
JAZZ IT UP: add streaky bacon . 2 - // add smoked salmon . 4 -
- shakshuka** 7.5
tomato & red pepper ragu topped with pink pickled onions, coriander and a drizzle of rose harissa, served with sourdough toast and topped with your choice of:
poached eggs & feta (v) - OR - **roasted sweet potato (vg)**
JAZZ IT UP: add chorizo . 2.5
- angry mac** 8.5
a juicy pork patty topped with streaky bacon, fried egg, emmental, hash brown and angry mayo, served in a toasted brioche bun with your choice of:
house seasoned fries - OR - **wedge salad**
- BEAR breakfast** 9.5
streaky bacon, sausages, fried egg, miso-roasted mushrooms, house made beans and sourdough toast
- bubble & squeak cakes** 7 -
crispy potato, savoy cabbage and mint cakes served with smashed avocado, harissa and charred charred corn salsa (vg)
JAZZ IT UP: add chorizo . 2.5 // add streaky bacon . 2 -
- eggs benedict**
toasted sourdough topped with wilted spinach, poached eggs, hollandaise and your choice of:
streaky bacon . 9 - - OR - **smoked salmon** . 11 -
- fruit waffle** 8.5
butter waffle topped with fresh fruit, coconut yoghurt, granola and fruit compote (v)
- maple bacon waffle** 8.5
butter waffle topped with crispy streaky bacon and buttered maple syrup

ADD-ONS & EXTRAS

- two poached eggs (v) . 2 - // two fried eggs (v) . 2 - // halloumi (v) . 2.5
chorizo . 2.5 // streaky bacon . 2 - // sausage . 1.5
feta & red chilli (v) . 1.5 // miso-roasted chestnut mushrooms (v) . 2 -
extra slice of toast (vg) . 1 -

SIDES

served all day

- hash browns** 2 -
three crispy hash browns with angry mayo (vg)
- house-seasoned fries** 3.5
skin-on fries tossed in our house seasoning (vg)
- angry fries** 5 -
skin-on fries topped with angry mayo, red chilli, pink onions and coriander (vg)
- shakshuka fries** 6 -
skin-on fries topped with our shakshuka ragu, feta, a drizzle of rose harissa, pink onions and coriander (v)
- wedge salad** 3 -
little gem wedge topped with citrus mayo, walnut dukkah and pink onions (vg)
- lemon & kale slaw** 3 -
house lemon & kale slaw with sesame miso dressing (vg)

PLATES

AVAILABLE FRIDAY & SATURDAY FROM 4PM

revival bowl 8 -
seed-dipped avo, quinoa, roasted sweet potato, charred tenderstem, edamame beans, lemon & kale slaw and pickled ginger, topped with miso sesame dressing (vg)
JAZZ IT UP: add smoked salmon . 4 - // add chicken . 4 -

roasted butternut & charred corn salad 8 -
cumin-roasted butternut, charred corn salsa, feta, spring onions, rocket and coriander (v) (vo)

shawarma flatbread
warm flatbread topped with hummus, sliced fennel, orange, pink onions, rocket, a drizzle of rose harissa, mint and your choice of:

falafel (vg) . 8 - -OR- **halloumi** (v) . 9 -
-OR- **shawarma spiced chicken** . 9 -

TO SHARE

AVAILABLE FRIDAY & SATURDAY FROM 4PM
for when you're in one of those 'a-bit-of-everything' moods

herb-topped hummus 4 -
served with toasted sourdough (vg)

olives 3 -
lemon & coriander olives (vg)

loaded nachos 5 -
warm tortilla chips topped with melted mozzarella, pico de gallo, avocado, pink onions, red chilli and coriander (v)

onion rings 4 -
beer-battered goodness, served with a pot of angry mayo (v)

garlic bread 4 -
house dough baked with garlic oil (vg)

house-seasoned fries 3.5
skin-on fries tossed in our house seasoning (vg)

angry fries 5 -
skin-on fries topped with angry mayo, red chilli, pink onions and coriander (vg)

shakshuka fries 6 -
skin-on fries topped with our shakshuka ragu, feta, a drizzle of rose harissa, pink onions and coriander (v)

lemon & kale slaw 3 -
house lemon & kale slaw with sesame miso dressing (vg)

wedge salad 3 -
little gem wedge topped with citrus mayo, walnut dukkah and pink onions (vg)

BURGERS

AVAILABLE FRIDAY & SATURDAY FROM 4PM

all served with your choice of **house seasoned fries** or **wedge salad**

the kernel 11 -
4oz beef patty, charred corn salsa, a drizzle of harissa, mayo and lettuce, served in a toasted brioche bun

grilled chicken 11 -
grilled chicken breast, citrus mayo, lemon & kale slaw and lettuce, served in a toasted brioche bun

JFP 11 -
breaded pulled jackfruit patty, citrus mayo, lemon & kale slaw and lettuce, served in a toasted vegan brioche bun (vg)

angry mac 8.5
a juicy pork patty topped with streaky bacon, fried egg, emmental, hash brown and angry mayo, served in a toasted brioche bun

WINGS

AVAILABLE FRIDAY & SATURDAY FROM 4PM

pick your wings, pick your sauce, pick up a napkin, it's gonna get messy

three jackfruit wings (vg) 6.5 **five chicken wings** 5 -

BBQ

bbq sauce, sesame seeds and spring onion

korean

gochujang, citrus mayo, sesame seeds and coriander

sriracha

sriracha mayo, sesame seeds and coriander

TACOS

AVAILABLE FRIDAY & SATURDAY FROM 4PM

served on 10cm corn tortillas . prices are 'per taco'

angry chicken 2 -
twice fried chicken thigh topped with angry mayo and pico de gallo

korean chicken
twice fried chicken thigh topped with gochujang and lemon & kale slaw

harissa halloumi
grilled halloumi, citrus mayo, rose harissa and pink onions (v)

charred sweet potato
roasted sweet potato topped with chipotle salsa, feta and spring onion (v)

chipotle pork 3 -
chipotle pulled pork topped with citrus mayo and charred corn salsa

jackfruit 'wing'
pulled jackfruit 'wing' topped with angry mayo, pico de gallo and sesame seeds (vg)