

MAN N ISLAND SOCIAL

BREAKFAST

AVAILABLE WEEKDAYS 8 'TIL 12
WEEKEND BRUNCH CLUB 9 'TIL 3
They don't call it the most important
meal for no reason...

THE SOCIAL SHARERS

Hungry mouths to feed? We've got you.

A spread of our best breakfast fare, served family style in the middle of the table. Take what you like and leave what you don't.

Wash it down with unlimited tea and coffee refills. 10.0 per head, minimum 2 people sharing

ALL CREATURES GREAT AND SMALL

signature sausages, lightly smoked back bacon, black pudding, beans, eggs your way, roasted tomatoes, pan fried shrooms, potato hash, toast

GARDEN PLATTER

homemade veg sausages, halloumi slabs, pan fried shrooms, wilted spinach, eggs your way, roasted tomatoes, beans, potato hash, toast (v)

HOLIER THAN THOU

homemade vegan sausages, falafel patties, avo smash, wilted spinach, pan fried shrooms, tofu scramble, roasted tomatoes, potato hash, beans, toast (ve)

SWEET STUFF

yogurt, fresh berries, granola, pancakes, warm pastries, chantilly cream, rich chocolate sauce, syrup, berry reduction (v)

BAGELS FOR DAYS

bacon rashers, signature sausage, smoked salmon, cream cheese, eggs your way, spinach, avo smash, toasted bagels

BREAKFAST PLATES

SOCIAL BENNY

toasted english muffin, 2 poached free range eggs, hollandaise sauce, pea shoots and your choice of the following:

ham hock 6.5

salmon royale 7.0

avo hash (v) 6.5

PANCAKE STACK

thick & fluffy drop fried pancakes topped with your choice of:

syrup (v) 6.4

syrup, berries & chantilly cream (v) 7.2

syrup & bacon rashers 7.2

FULL SOCIAL

signature sausage, bacon rashers, black pudding, baked beans, eggs your way, roasted tomato, pan fried shrooms, potato hash 8.9

VEGGIE SOCIAL

homemade veg sausage, halloumi, pan fried shrooms, baked beans, eggs your way, roasted tomato, potato hash (v) 8.4

VEGAN SOCIAL

homemade veg sausage, smashed avo, pan fried shrooms, baked beans, tofu scramble, roasted tomato, potato hash (ve) 8.4

EGGS YOUR WAY

free range eggs poached, fried or scrambled, hot buttered toast (v) (tofu scramble available for ve) 4.5

SMASHED AVO

smashed avo on toast, 2 free range scrambled eggs, chilli, feta (v) (tofu scramble available for ve) 6.5

GRANOLA

served with yogurt, honey and fresh berries (v) (gf) 3.7

BREAKFAST ROLLS

EGGS N' BACON

bacon, egg, potato hash, brioche roll 4.5

AVO SMASH

smashed avo, potato hash, brioche roll (v) 4.5

MANN MUFFIN

sausage patty, egg, american cheese slice, brioche roll 4.5

BUILD YOUR OWN BREAKFAST ROLL

toast / brioche roll / bagel 3.8

ADD // your choice of sausage, bacon, vegan sausage, egg

ADDITIONAL ITEMS 1.2

12 'TIL LATE

BOWLS, BOARDS & BUNS // take your pick..

PLATES

// CREATE YOUR OWN BOARD WITH 3 OF THE BELOW SMALL PLATES SERVED WITH SLAW for 14.4

BUFFALO WINGS

blue cheese dip & celery SML 6.2 // LRG 8.7

BONELESS WINGS

blue cheese dip & celery SML 6.2 // LRG 8.7

CAULI WINGS

vegan tzatziki & celery (ve) SML 5.9 / LRG 8.2

HALLOUMI STICKS

tomato salsa & garlic mayo (v) SML 5.9 // LRG 8.2

MAC & CHEESE

crisp crumb topping (v) SML 5.2 // LRG 7.7

SALT & PEPPER SQUID

lemon mayo SML 6.2 // LRG 8.7

CHICKEN & CHORIZO SKEWER

garlic mayo (gf) SML 6.2 // LRG 8.7

HUMMUS & FLATBREAD

beet, harissa & classic (ve) SML 5.2 // LRG 7.7

(available with crudites for gf)

BOWLS

SOCIAL CAESAR

chicken breast, bacon, anchovies, gem lettuce, croutons, caesar dressing, soft boiled free range egg 8.9

COBB SALAD

chopped chicken, crispy bacon, avocado, blue cheese, tomato, free range egg, shredded iceberg, house dressing (gf) 8.9

BANG BANG CHICKEN

chicken breast, carrot slaw, spiced quinoa, pickled cabbage, baby gem lettuce, cashew nuts, sesame dressing (gf) 7.6

SUPERFOOD

beetroot, smashed avo, quinoa, rice, balsamic onion, charred tenderstem, crispy kale, chilli & lime dressing (ve) (gf) 7.6

GOATS CHEESE & BEET

braised beetroot, soft goats cheese, mixed leaves, red onion, walnuts, balsamic dressing (v) (gf) 7.4

BUFFALO CHICKEN

fried buffalo coated chicken, crisp baby gem, cucumber, crumbled blue cheese, house dressing 8.2

SIDES

SWEET POTATO SHOESTRING FRIES (ve) 3.5

SEASONED FRIES (ve) 3.0

ONION RINGS (ve) 4.0

CHEESE FRIES (v) 4.2

DIRTY FRIES 4.9

4 cheese sauce, bacon bits, BBQ sauce, crispy fried onions

SLAW (ve) (gf) 3.5

MAC & CHEESE 4.2

crisp crumb topping (v)

CHILLI & GARLIC TENDERSTEM BROCCOLI

(ve) (gf) 4.0

HOUSE SALAD (ve) (gf) 3.0

DIPS

all (gf) 0.9

CHIPOTLE MAYO (v) / BBQ (ve) / TZATZIKI (ve)

BUFFALO (v) / TANGY MUSTARD (ve)

GARLIC MAYO (v) / SOCIAL SAUCE (v)

SOUR CREAM (v) / BLUE CHEESE

PUDDINGS

HOMEMADE VEGAN BROWNIE

Double chocolate brownie served warm with rich chocolate sauce (ve) (gf) 5.5

CAKE SHAKE

Malted oreo milkshake topped with brownie bites, oreo crumble, chocolate sauce & marshmallows (v) 6.0

SUNDAE

3 scoops of ice cream topped with red berry coulis, fresh berries, meringue pieces (v) (gf) 5.5

ICE CREAM

3 scoops of your choice of vanilla, chocolate or strawberry ice cream (v) (gf) 4.0

MILLIONAIRE'S SHORTBREAD

Homemade shortbread topped with thick set caramel and chocolate (v) 5.0

GIN & ELDERFLOWER CHEESECAKE

Ginger biscuit base topped with whipped lime cheesecake with gin & tonic glaze (v) 4.6

// PLEASE INFORM YOUR SERVER OF ANY DIETARY REQUIREMENTS OR IF YOU WOULD LIKE TO SEE OUR ALLERGEN SHEET

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