

Breakfast at The Promenade

Yoghurt, fruit, cereal and porridge

Handmade Dorset yoghurt (<i>natural, fruit or low-fat</i>)	£7
Sliced seasonal fresh fruit platter	£23
Choice of cereal served with banana or seasonal berries	£10
Homemade bircher muesli topped with seasonal berries	£12
Yoghurt parfait, homemade granola, low-fat yoghurt, mango and seasonal berries and honey	£12
Wholegrain rolled oat porridge served with seasonal berries and honey	£11

From The Dorchester bakery

Gluten-free options available

Basket of homemade pastries and toast with fruit preserves and butter	£14
Choice of toast: White, wholemeal, seven-grain, black rye or gluten-free	£7
Choice of bagel: White, wholemeal or sesame seed with cream cheese	£12
<i>Or</i> with cream cheese and oak-smoked salmon	£22

The Dorchester favourites

Grilled New York sirloin breakfast steak, hash brown and choice of two free-range eggs	£42
Two free-range eggs, any style	£12
Eggs Benedict, eggs Royal or eggs Florentine	£22
The Dorchester omelette with York ham, Montgomery cheddar and New Forest mushrooms	£21
Egg-white omelette with kale, basil and feta	£18
Crushed avocado, poached eggs, pomegranate, coriander and sourdough bread	£22
Brioche French toast served with Canadian maple syrup, seasonal berries and whipped cream	£19
Buttermilk pancakes with a choice of seasonal berries, banana or chocolate chips with Canadian maple syrup	£19
Belgian waffles with clotted cream, seasonal berries and Canadian maple syrup	£19

Continental breakfast £30

Freshly-squeezed orange, grapefruit or juice of the day
Choice of cereal, fruit salad or sliced seasonal fruit
Choice of handmade Dorset yoghurt (<i>natural, fruit or low-fat</i>)
Basket of homemade pastries and toast with fruit preserves and butter
Tea or coffee

Traditional English breakfast £38

Includes all items from the Continental breakfast with the addition of:

Two free-range eggs cooked to your liking, with a choice of bacon, sausages, hash brown, black and white pudding, sautéed mushrooms and grilled or roasted vine tomato
<i>Or</i> scrambled eggs with smoked salmon and chives
<i>Or</i> omelette of your choice

Healthy breakfast £38

Vegan and gluten-free

Ginger and pear tonic
Bakery basket <i>Seasonal superfood muffin and a selection of gluten-free bread with almond butter and sugar-free preserves</i>
Tofu scramble <i>Turmeric, kale and Shimeji mushroom with micro coriander and Alfalfa sprout</i>
Choice of fruit salad or sliced seasonal fruit with organic honey
A choice of fresh herbal tea: Green tea, English peppermint or lemongrass and ginger

Drinks

Espresso, caffè macchiato or ristretto	£6.50
Filter coffee, cappuccino, double espresso, caffè latte, flat white	£7.50
Hot chocolate	£7.50
Freshly-squeezed juices: orange, grapefruit, carrot, mango, pineapple	£9
The Dorchester green juice	£12
Smoothies: Bourbon vanilla yoghurt, strawberry, banana, mango	£12

The Dorchester Breakfast Blend £7.50

Classic and robust, this rich blend makes a strong cup for the perfect start to the day and is best enjoyed with milk

Speciality tea from The East India Company £7.50

The Dorchester is proud to offer a range of selected grand and rare teas and infusions