

FRESH, NATURAL & SEASONAL

BAKERANDSPICE.CO.UK

FROM THE OVEN

Croissant or Brioche	2.5
Pain au Chocolat	2.75
Pain aux Raisins	2.75
Almond Croissant	2.8
Chocolate & Almond Croissant	2.8
Blueberry Muffin	3.25
Fresh Fruit Danish Pastry	3.25
Fresh Fruit Brioche	3.25
Cinnamon Bun	2.5
Plain Scone or Fruit Scone	2.5
Served with clotted cream & jam	

– FRUITS, GRAINS & OATS – 8.5 HOMEMADE GRANOLA (v) Served with Greek yogurt & honey PINK MUESLI (V) 7.5 Served with Greek yogurt & fresh fruit 6 ORGANIC PORRIDGE (V) Made with your choice of milk, topped with blueberries CHIA PUDDING (vg) 8.5 Made with rice milk, served with seasonal fruit, toasted coconut, almonds & honey

FRUIT SALAD (v) With Greek yoghurt, granola & honey

BREAD

Plain or toasted, served with homemade preserves & marmalade

Mixed olive sourdough stick	2.5
San Francisco Sourdough	2.75
Pain De Mie	2.75
Spelt 3 Seed Farmhouse	2.8
White Levain	2.8
Bagel	3.25
Baguette	3.25
Campillou	3.25
Stonebaked Campagrain	3.25
Cholla	2.5

- TOSTADAS -

Our own take on the open sandwich, a great breakfast, light lunch or snack	
Peanut butter & jelly (vg)	5.5
Egg, avocado & smoked salmon	7.5
Ricotta, tomato & pancetta	5.5
Burrata, fig, honey & walnut	5.5
(On sourdough)	

- ALL DAY BRUNCH -

FRENCH TOAST (v) Filled with crème patissiere & seasonal berries	8.5
BUTTERMILK PANCAKES (V) Topped with caramelised banana	8
CORN FRITTERS (v) Served with a poached egg & avocado	9.5
WELSH RAREBIT (v) Thick sourdough topped with a lightly spiced cheese sauce & a fried egg	11.5
OAK SMOKED SALMON KEDGEREE Yellow rice topped with oak smoked salmon, a fried egg & fresh coriander	11
AVOCADO ON TOAST Sourdough topped with avocado with Sicilian cherry tomatoes, spring onion, lemon juice & extra virgin olive oil	8.5
Add poached egg	2

BAKER & SPICE	
CLUB SANDWICH	

Triple layered & fully loaded with bacon, grilled chicken, sun blushed tomatoes, smashed avocado, rocket & mayo

Served on sourdough bread

FRIED, BOILED, POACHED OR SCRAMBLED 2 eggs served with toast	8.75
Bacon, Cumberland sausage, Ac home cooked ham, avocado Gruyère cheese, spinach, tomato, mushroom, extra egg	ld for 2 EACH
Smoked salmon	5
SHAKSHOUKA (V) Free range eggs poached in a sauce of vine tomatoes, onions, garlic & extra virgin olive oil. Served with sourdough	9.75
TURKISH EGGS (v) 2 poached eggs on Greek yogurt, topped with spiced butter & fresh dill. Served with sourdough	11.5
CLASSIC ENGLISH BREAKFAST 2 fried eggs, 2 Cumberland sausages, dry cured bacon, tomato,	F 15

SANDWICHES -

8

10.5

ALL MEDITERRANEAN 8.5 SANDWICH (v) Toasted sandwich with halloumi, roasted pepper, sliced avocado, hummus & watercress Served on granary bread

EGGS

BENEDICT 2 poached eggs & ham on a toasted English muffin with hollandaise	11.75
FLORENTINE (V) 2 poached eggs & spinach on a toasted English muffin with hollandaise	11.75
ROYALE 2 poached eggs & smoked salmon on a toasted English muffin with hollandaise	15
4 EGG OMELETTE Served with toasted sourdou	8.75 gh
Avocado, onion, cheese, spinach, tomato, bacon, mushroom	Add for 2 EACH
Smoked salmon	5

All our meat and eggs are free range. If you have any food allergies or special dietary requirements please talk to a member of our staff (v) vegetarian (vg) vegan (gf) gluten free

mushrooms, baked beans & toast

FROM OUR DELI COUNTER

CHOOSE YOUR MAIN -Mains are served with your choice of one salad. Hand-made here by our chefs every day, we CHOICE OF ONE 5.5 Add an extra salad for £4. vary our salads to accommodate the freshest CHOICE OF TWO 10 seasonal ingredients available. Ask your waiter 11 GRILLED CHICKEN BREAST (gf) or have a look at the counter for our specials CHOICE OF THREE 13 Free range chicken seasoned before you decide. (Perfect for sharing) with oregano, lemon & parsley BRITISH ROAST BEEF (gf) 13.5 BAKER & SPICE GREEK SALAD (v, gf) Roasted rare, with red wine & thyme AVOCADO SALAD (vg, gf) Made the traditional way, with plenty of olive oil & feta Made with thick chunks of avocado BAKER & SPICE BEEF LASAGNE 13.5 & cherry tomatoes Layered with our signature beef ragu **BUFFALO MOZZARELLA &** & cheese béchamel HERITAGE TOMATO SALAD (v, gf) SPICY TUNISIAN SALAD (vg, gf) Aubergine roasted with red chilli & parsley With a homemade dressing 14.5 **BAKER & SPICE CHICKEN PIE** Made with mushrooms, leeks & BEETROOT & FETA SALAD (v, gf) ORGANIC WILD RICE (vg, gf) homemade puff pastry With pumpkin, parsley & spring onion Butter beans, spinach & pomegranate **GRILLED SCOTTISH** 14 GREEN BEAN SALAD (vg, gf) SALMON FILLET (gf) Marinated in lemon & olive oil, With sweet cherry tomatoes & crunchy Sustainably sourced from the Highlands seasoned with pepper & parsley spring onions and radish OCTOPUS SALAD (gf) 14.5 Mixed with Mediterranean flavours of red onion, tomato & fresh herbs

DRINKS

FRESH JUICES		— НОТ
Healthy fresh juices made to order using		COFFEE
seasonal fruits & vegetables		Our bespoke Baker &
GLOW	5	chocolatey blend. The
Carrot, Apple, Ginger	9	together with delicate off nicely with a smoo
(KCAL:180 / Immunity / High in vitamins A&C)		·
		Espresso
JUST ROOTS	5	Macchiato
Parsnip, Carrot, Ginger, Lemon,		Cortado
Pineapple, Apple (KCAL: 200 / High ontioxidants / High in vitamins A&C)		Double espresso
(KCAE, 2007 High Unitoxidants / High in Vitamin's A&C)		Double macchiato
BEETS ME	5	Americano
Carrot, Beetroot, Sweet potato,		Cappuccino
Apple, Lemon		Latte
(KCAL: 200 / Source of iron / Load of vegetable)		
ENERGISER	F	Flat white
Pineapple, Apple, Spinach, Pear,	5	Mocha
Fennel, Lime		Hot chocolate
(KCAL: 185 / High antioxidants / High in vitamins C&K)		
		ΤΕΑ ΡΟΤ
PURE GREEN	5	Breakfast blend
Kale, Spinach, Pineapple, Apple,		Early grey
Mint, Celery (KCAL: 140 / Source of calcium / Hydrating)		Green sencha
(KCAL. 1407 Source of calcium / Hydrating)		
FRESH ORANGE JUICE	4.5	Peppermint
		Chamomile
FRESH APPLE JUICE	4.5	Ginger & lemon

DRINKS -

& Spice coffee is a a rich, dark, e hazelnut & cream work te stone fruit notes, rounding both buttery shortbread finish

Espresso	2.1
Macchiato	2.1
Cortado	2.1
Double espresso	3
Double macchiato	3.1
Americano	3.1
Cappuccino	3.1
Latte	3
Flat white	3.2
Mocha	3.7
Hot chocolate	3.7
ΤΕΑ ΡΟΤ	
Breakfast blend	2.9
Early grey	2.9
Green sencha	2.9
Peppermint	2.9
Chamomile	2.9
Ginger & lemon	2.9

COLD DRINKS

MANGAJO ICE TEAS	
Lemon & green tea	3
Pomegranate & green tea	3
Acai berry & green tea	3
Redbush & grape	3
Goji & berry tea	3
LAURETANA WATER	
Still or sparkling 500ml	2.3
Still or sparkling 750ml	3.45
FRESH FRUIT SMOOTHIES	
Blueberry & banana	4
Strawberry & banana	4
ORGANIC OWLET JUICE	
Apple-cox & bramley	3
Apple & elderflower	3
Apple & raspberry	3
Pear	3
Pear & ginger	3

CHOOSE YOUR SALAD

GRILLED ARTICHOKE HEARTS (v, gf)