

TUPI

BREAKFAST

FOLDED EGGS - 7

FOLDED EGGS ON SOURDOUGH

AVOCADO & POACHED EGGS - 8

SOURDOUGH TOPPED WITH CRUSHED AVOCADO & POACHED EGGS

AVOCADO CHORIZO FETA - 10

AVOCADO, CHORIZO, WHIPPED FETA ON SOURDOUGH

PISTACHIO DUKKAH EGGS - 10

KALE, BROCCOLI, SOURDOUGH, POACHED EGGS TOPPED WITH PISTACHIO DUKKAH

SHIITAKE & EGGS - 10

SHIITAKE MUSHROOMS, FOLDED EGG TOPPED WITH TRUFFLE OIL & PARMESAN CHEESE

MRS EGGS ROYALE - 9

DILL INFUSED HOUSE CURED SALMON, POACHED EGGS, HOLLANDAISE SAUCE

CHORIZO EGGS - 9

CHORIZO FOLDED EGGS ON SOURDOUGH

CHORIZO HASH - 9

CHORIZO, POTATO HASH TOPPED WITH POACHED EGG & HOLLANDAISE

MUSHROOM ON TOAST - 8

CREAMY MUSHROOM ON TOAST, TOPPED WITH PESTO

BENEDICT - 11

SMOKED BACON, POACHED EGGS, HOLLANDAISE SAUCE, SERVE ON BRIOCHE BUNS

SWEET POTATO ROSTI - 9

SWEET POTATO ROSTI, POACHED EGGS, HOLLANDAISE, AVOCADO OR KALE

BLUEBERRY PANCAKES - 8.3

MAPLE SYRUP, CREME FRAICHE, BLUEBERRIES, BANANA

GRANOLA - 6

GREEK YOGURT, IN-HOUSE MADE GRANOLA, BANANA, POACHED PINEAPPLE

Don't forget your sides.

SANDWICH

ADD EGG, AVOCADO, CHORIZO, FETA, MUSHROOMS £1.5 EACH

HALLOUMI SANDWICH - 9

TOASTED PITTA BREAD, HALLOUMI, YOGURT, ROCKET, RED PEPPERS

AVOCADO & MUSHROOMS SANDWICH - 9

PITTA BREAD, AVOCADO, MUSHROOMS, SWEET POTATO, ROCKET

MR BACON SANDWICH - 9

TOASTED PITTA BREAD, BEEF TOMATOES, BABY GEM, TOMATO JAM

PULLED BEEF SANDWICH - 9

PITTA BREAD FILLED WITH SLOW COOKED BEEF, BABY GEM, HORSERADISH

BRUNCH

TUPI FRY UP - 12

SMOKED BACON, CHORIZO SAUSAGE, CHERRY TOMATOES, MUSHROOMS, SOURDOUGH, EGGS & PESTO

HUEVOS RANCHEROS - 11

TOMATO, PEPPERS AND CHILLI SAUCE TOPPED WITH EGGS, BLACK BEANS, AVOCADO & FETA CHEESE

TUPI SUPER BRUNCH - 10

AVOCADO, CHIA SEEDS, QUINOA, KALE, PUMPKIN SEEDS, BROCCOLI, ROASTED SWEET POTATOES

+ add egg, feta, bacon or mushroom £1.5

TRUFFLED POLENTA & MUSHROOM - 11

TRUFFLED POLENTA TOPPED WITH WILD MUSHROOM RAGOUT

SIDES

£4 EACH OR ANY 2 FOR £7

AVOCADO | BACON | SWEET POTATOES FRIES

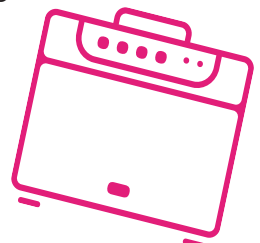
POTATOES | MUSHROOM | FRIES

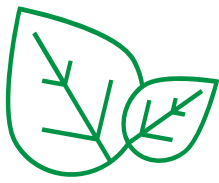
GREEN SALAD | CHORIZO | BROCCOLI

SALMON | HALLOUMI | BLACK BEANS



FOOD ALLERGIES AND INTOLERANCES -
SOME OF OUR FOODS CONTAIN ALLERGENS. PLEASE SPEAK TO A MEMBER OF STAFF
FOR MORE INFORMATION 12.5% DISCRETIONARY SERVICE CHARGE TO BE ADDED TO THE BILL





COFFEE

- ESPRESSO SNG/DBL - 1.8/2
- LONG BLACK - 2.2
- PICCOLO/CORTADO - 2.2
- CAPPUCCINO - 2.5
- MOCHA - 2.8
- MACCHIATO - 2.2
- LATTE - 2.5
- AMERICANO - 2.2
- FLAT WHITE - 2.5
- CINNAMON LATTE - 3
- ICED LATTE - 2.7
- HOT CHOCOLATE - 3.2
- CHAI LATTE - 2.7

EXTRAS SHOT/SOY OR ALMOND MILK, VANILLA, HAZELNUT OR
CARAMEL SYRUP 0.5

JUICES

- ORANGE/APPLE - 4
FRESH ORANGE OR APPLE JUICE
- NO FRUITS PLEASE - 4
CARROTS, BEETROOT, CELERY, GINGER
- GREEN & MEAN - 4
APPLE, CUCUMBER, CELERY, KALE, GINGER, LEMON
- SUNNY MINT - 4
APPLE, ORANGE, MINT
- RED ROAR - 4
CARROT, GINGER, BEETROOT, APPLE
- ENERGY BOOSTER - 4
PINEAPPLE, MINT, CARROT, APPLE

TEAS

- CAMOMILE - 2.3
- EARL GREY - 2.3
- GREEN TEA - 2.3
- FRESH MINT LEAFS - 2.3
- ENGLISH BREAKFAST - 2.3
- PEPPERMINT - 2.3



SMOOTHIES

- VERY BERRY - 4.5
BANANA, CRANBERRY, BLACKBERRY, YOGURT
- MORNING MAGIC - 4.5
BANANA, YOGURT, COFFEE, HONEY, WHEY POWDER
- HULK - 4.5
SPIRULINA, PINNEAPPLE, APPLE, LIME, BANANA
- CHERRY DETOX - 4.5
CHERRY, BANANA, GINGER, CUCUMBER
- TROPIC POWER - 4.5
BANANA, ORANGE, & MANGO

MALTED MILK SHAKES

- STRAWBERRY - 5
- CHOCOLATE - 5
- BANANA - 5
- VANILLA - 5
- SALTED CARAMEL PRETZEL - 5
- PEANUT BUTTER BROWNIE - 5
- OREO | MALTESERS - 5

DRINKS

- LIMONATA / ARANCIATA - 2.5
- GINGER BEER - 2.5
- COKE / DIET COKE - 2.5
- STILL / SPARKLING WATER 500ML - 2

Make it hard! add your favorite liquor for extra £2.5

FOOD ALLERGIES AND INTOLERANCES -
SOME OF OUR FOODS CONTAIN ALLERGENS. PLEASE SPEAK TO A MEMBER OF STAFF
FOR MORE INFORMATION 12.5% DISCRETIONARY SERVICE CHARGE TO BE ADDED TO THE BILL

